



Where Your Journey
Comes to Life



Visit Showhomes in Creekwood at 141 Chappelle Drive & Charles Link

www.livethecollections.com

NEW SHOWHOMES OPENING JANUARY 2016

Edmonton metro



CROCK AROUND THE CLOCK
BREAKFAST, LUNCH AND DINNER RECIPES

Your essential daily news | WEDNESDAY, NOVEMBER 18, 2015

High -4°C/Low -9°C Subarctic surprise



'He was turned away'

metroNEWS

The mother of a young
fentanyl addict tells Metro
of her year-long fight to
keep her son alive.

KEVIN TUONG/METRO



City tries to be fair on fares

BYLAW

Council defers decision on Uber-taxi debate



**Braeden
Jones**
Metro | Edmonton

Faced with a draft bylaw that pleased neither side of the rideshare debate, city councillors deferred a vote Tuesday in hopes of preserving Edmonton's taxi industry while inviting companies like Uber into the market.

Mayor Don Iveson said Tuesday "a lot rests on council's decision" on the bylaw, which will now come in late January.

Uber has threatened to leave if the bylaw's fee schedule — which, as proposed, would be the most expensive in the world, according to the company — doesn't change. Meanwhile, taxi supporters fear loose regulations will ruin the industry.

Iveson said council is working "very hard" to balance those concerns.

"We know that cabs will continue to be essential to Edmontonians ... at the same time, we know that citizens are looking for these new options," he said.

Iveson added he hopes that between now and then, Uber's insurance, which the city and province have called "insufficient," gets up to snuff.

Uber spokesperson Xavier Van Chau said the company is working with Intact Insurance and provincial authorities to develop a "new insurance model."

"We are trying to bring solutions that are specific to the ridesharing market," Van Chau said.

Iveson said deferring a final decision leaves time for that, and gives administration time to look into "fees and fares," two sticking points with councillors and stakeholders alike.

During Tuesday's debate, councillors voted not to force taxi rates on companies like Uber, and also not to require their drivers to undergo mandatory training.

"What you see in both of those decisions is a trend towards deregulation," Iveson said. "I think that's consistent with where we'll wind up this bylaw."

FRANCE COVERAGE • Air France planes diverted by bomb threat • French hunt fugitive **metronews**

**Looks aren't everything.
So we made it practical, too.**

2016

VENZA

REDWOOD
EDITION

toyota.ca



TOYOTA

FREE WINTER TIRES WITH PURCHASE OF ANY UNIT

WE WILL EVEN STORE YOUR ALL SEASON TIRES FOR FREE! NO CHARGE CARPROOF HISTORY REPORT WITH ALL PURCHASES. ONE YEAR FREE OIL CHANGES!

 <p>2015 CHRYSLER 200 LIMITED STK#15B5478 \$19,353</p>	 <p>2015 CHRYSLER 200S STK#15A7012 \$23,501 NAV. SUNROOF</p>	 <p>2015 CHRYSLER 300 STK#15A9839 \$30,181 AWD. SUNROOF</p>	 <p>2011 BMW 328i XDRIVE AWD STK#11B4872 \$23,971</p>
 <p>2012 FIAT 500 SPORT STK#12A7313 \$8,734</p>	 <p>2014 FIAT 500L TREKKING STK#14A5168 \$17,766 NAV. PANORAMIC SUNROOF</p>	 <p>2015 NISSAN ALTIMA 2.5S STK#15B1895 \$18,810 SUNROOF</p>	 <p>2010 MERCEDES C300 4 MATIC AWD STK#10B4617 \$21,110</p>
 <p>2014 TOYOTA CAMRY LE STK#14B6444 \$15,614</p>	 <p>2014 DODGE CHARGER SE STK#14B7575 \$16,910</p>	 <p>2011 GMC TERRAIN SLT AWD ST#11T0484 \$19,211 LEATHER/SUNROOF</p>	 <p>2015 JEEP CHEROKEE TRAIL HAWK STK#15A4317 \$33,767 NAV</p>
 <p>2009 CHEVROLET COBALT LS STK#09T5746 \$4,945</p>	 <p>2014 TOYOTA COROLLA LE STK#14A9059 \$16,671 SUNROOF</p>	 <p>2012 MAZDA CX9 AWD STK#12B0688 \$25,741 NAV. LEATHER</p>	 <p>2015 DODGE DURANGO LIMITED AWD STK#15A3394 \$36,721 SECOND ROW, SUNROOF</p>
 <p>2010 FORD EDGE LIMITED AWD STK#10B2337 \$20,294</p>	 <p>2013 HYUNDAI ELANTRA GL STK#13B5239 \$10,872</p>	 <p>2011 FORD ESCAPE XLT STK#11B8177 \$12,705</p>	 <p>2015 FORD EXPLORER AWD XLT STK#15B8935 \$31,027</p>
 <p>2012 FORD FIESTA SES STK#12T8618 \$9,445 LEATHER, SUNROOF</p>	 <p>2013 FORD FOCUS SE STK#13T8164 \$12,240</p>	 <p>2014 FORD FUSION SE STK#14A9260 \$15,521</p>	 <p>2014 JEEP GRAND CHEROKEE LIMITED AWD STK#14A6971 \$35,997</p>
 <p>2009 DODGE JOURNEY SE STK#09T0001 \$4,616</p>	 <p>2015 MITSUBISHI LANCER SE STK#15B0381 \$14,607</p>	 <p>2008 LAND ROVER LR2 STK#08B1971 \$18,150</p>	 <p>2014 NISSAN SENTRA STK#14B2957 \$12,672</p>
 <p>2014 CHRYSLER TOWN & COUNTRY STK#14B7021 \$17,510</p>	 <p>2011 MAZDA TRIBUTE GX STK#11T0105 \$9,435</p>	 <p>2015 JEEP WRANGLER UNLIMITED STK#15A2798 \$38,011 NAV</p>	 <p>2009 BMW X6 5.0 STK#09B3150 \$31,000 PREMIUM</p>



VISIT US ONLINE 24/7 AT WWW.CWAS.CA

LOCAL 780.483.7516 • TOLL FREE 1.866.310.5751
10212-178 Street MONDAY - FRIDAY 9-9,
SATURDAY 9-6, SUNDAY 11-5



PRICES SHOWN ARE PLUS GST. VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED. VEHICLES SHOWN AVAILABLE AT TIME OF PRINTING. SALE PRICES END AT STORE CLOSING TIME THIS EVENING. SEE CANADA WIDE AUTO SALES FOR COMPLETE DETAILS. WINTER TIRE PACKAGE EXCLUDES TRUCKS, FULLSIZE SUV'S, HEAVY DUTY TRUCKS. ONE YEAR OIL CHANGES TO MAXIMUM OF 4 PER YEAR.





SEXUAL EDUCATION

Group wants consent taught

The Alberta School Board Association is set to lobby the provincial government to add consent to the province's sexual education curriculum.

After approving a motion Monday, the ASBA will now send a letter to Alberta Education asking that the curriculum be changed.

"It's important, so every child understands that they have a right to say no," said Helen Cleave, president of the organization.

Education Minister David Eggen said he's supportive of the motion and that it fits with the law.

"Sexual consent is the law and it is our government's expectation that it be taught in Alberta Schools," he said. "I look forward to reviewing the motion ... and consulting with the organization further."

Michael Janz, chair of the Edmonton Public School board, said adding consent to the curriculum just makes sense.

"You shouldn't be able to get your driver's license without learning the rules of the road and laws around driving, the same should apply to consent," he said. "You shouldn't graduate from a sexual health curriculum without understanding the law and your rights."

BRAEDEN JONES/METRO, WITH FILES FROM AARON CHATHA/METRO IN CALGARY



Volunteers at the Edmonton Food Bank pack boxes with food for the needy on Tuesday. KEVIN TUONG/METRO

Food bank usage in city at all-time high

ECONOMY

Province-wide increase of 23% surpasses national mark



According to the national Hunger Counts statistics released Tuesday, the 1.3 per cent national increase was dwarfed

by a 23 per cent increase in Alberta from 2014 to 2015.

Executive Director of Edmonton's food bank Marjorie Bencz said it's the worst increase she's seen and the food bank usage locally is at a "record high."

She explained hamper program uptake alone increased 21.5 per cent since 2014, and 37 per cent since 2012.

"It's not going the way we want to see it go," she said.

While Edmonton and Alberta experience dramatic increases, usage in Saskatchewan did not increase, and it

actually decreased in Ontario, New Brunswick, Prince Edward Island and Newfoundland.

Bencz said there are a few drivers worsening the situation in Alberta, including an affordable housing shortage and job losses associated with a struggling oil industry.

"I hate to draw a stereotype because we are seeing a number of people with a number of different situations," she said. "Unfortunately, anyone can lose a job, have a family break up, those types of things."

She explained she's "very

worried about the next few months," when utility costs increase and the unemployment rate is highest.

"You need to worry about reaching capacity," she said. "Food banks are charities... we rely on the donations (and volunteers) from the community. There is a point where you have to tread lightly about maximizing the goodwill."

She said she appreciates the generosity of Edmontonians, but that governments need to address the underlying issues and drivers behind the increase to curb the trend.

ALBERTA

67,443

From March 2014 to March 2015 Alberta food banks helped 67,443 people.

2014-2015: +23.4%
2008-2015: +82.8%
FOOD BANKS CANADA

MANITOBA

63,791

From March 2014 to March 2015 Manitoba food banks helped 63,791 people.

2014-2015: +3.4%
2008-2015: +57.6%
FOOD BANKS CANADA

ONTARIO

358,963

From March 2014 to March 2015 Ontario food banks helped 358,963 people.

2014-2015: -4.2%
2008-2015: +14.2%
FOOD BANKS CANADA

P.E.I.

3,153

From March 2014 to March 2015 P.E.I. food banks helped 3,153 people.

2014-2015: -8.1%
2008-2015: +9%
FOOD BANKS CANADA

DENNY ANDREWS FORD PRE-OWNED SUPERCENTRE

WE WANT YOUR TRADE

2012 Honda Civic EX

#15FL0761



\$12,876

2012 Mazda CX-9 Leather AWD

#15FU0411



\$25,887

2011 Nissan Pathfinder LE

#15FH6371



\$26,876

2011 Ford F-150 Supercrew 4x4

#15FS5111



\$23,887

Denny Andrews



182 ST. & STONY PLAIN ROAD 780-489-9999

www.dennyandrewsford.com

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

TOLL FREE: 1-800-252-9303

SERVICE DIRECT 930-3167



Vehicles may not be exactly as illustrated. Prices do not include GST. Prices in effect November 18, 2015 to November 22, 2015. See dealer for details.

Youth facility closes its doors

REPORT

Residence for high-risk teens riddled with controversy

An Edmonton group home for high-risk teens that was the subject of complaints about rowdy behaviour and crime is closing its doors for good.

The home, run by a charitable group known as E4C, made headlines in September when one of its residents, a 17-year-old girl, was charged with stabbing a man to death on a nearby street.

After that, police and area residents said they had long

complained that residents of the home were often out late at night, smoking drugs, banging on doors and damaging property.

Edmonton police Staff Sgt. Bill Clark said at the time he was "appalled" by the lax standards and supervision at the home.

E4C chief executive officer Karen Spencer said in a statement the decision to close is because recent publicity had made the home too well known, putting the residents at risk.

"The public identification of the location of this group home has placed youth at this site in a vulnerable position as it exposes them to those who prey on marginalized young people," said Spencer.

The province shut down the home after the stabbing pending a review of operations.

That review, released Tuesday, determined that some staff weren't clear on protocols designed to keep the teens safe, which led to "loose or broad application of rules that compromised structure."

The report noted that as a result, "community members observed youth using drugs outside the group home."

The report said the home met licensing and accreditation standards and that staff worked well with probation officers and other youth-serving agencies.

But it said staff seemed tone deaf to the rising number of concerns from area residents, adding that "the degree of opposition to the home was a disappointment to the agency management."

E4C ran the home, known as the Inner City Youth Housing Project, under contract to the province.

"The public identification of the location of this group home has placed youth at this site in a vulnerable position."

Police Staff Sgt. Bill Clark



A review on the E4C group home released Tuesday determined some staff weren't clear on policies designed to keep its young residents safe. METRO FILE

It was for teens aged 14 to 17 with a history of traumatic experiences and exposure to crime who had been banned from other placements, such as in shelters or with families.

The home had five beds, funded at about \$400,000 a year.

Human Services Minister Irfan Sabir said his ministry will work to improve staff training and make sure the neighbours of group homes are heard through pacts known as "Good Neighbour Agreements."

THE CANADIAN PRESS

INVESTIGATION

Mischief charges nullified



Braeden Jones
Metro | Edmonton

A police investigation that followed a mischief complaint from members of the Edmonton Catholic School Board against others on their board has ended without charges being laid.

Until recently, Edmonton Police Service was investigating alleged mischief after the erasure of an audio recording of an Oct. 1 board meeting.

At the end of that meeting, at which trustees evaluated the performances of Supt. Joan Carr, trustee Patricia Grell and newly-elected chairwoman Marilyn Bergstra remained in the room as others left.

In an Oct. 16 interview, Bergstra explained she and Grell had a private conversation, realized the recorder was still running and accidentally erased the entire file in an attempt to erase the private section at the end.

Bergstra said there was "no ill intent" and she felt too much was being made of the issue.

SHARE YOUR FEEDBACK

Proposed rezoning in The Quarters Downtown for artists tower

Tuesday, November 24, 2015, 7:00 p.m.

Boyle Street Community League (101 Boyle Street Plaza)
9538 103A Ave NW, Edmonton, AB

Residents are invited to a public meeting to provide feedback on a proposed rezoning on the southwest corner of 96 Street and 102 Avenue NW in the Armature District of The Quarters Downtown. The proposed rezoning to a new (DC1) Direct Development Control Provision would allow for the construction of a 77-metre (approximately 18 storeys) tall tower known as the Artists Quarters.

The proposed building would feature a maximum of 75 suites where artists would live and work, recreational and commercial uses in the bottom four storeys, and an underground parkade. A closure of a portion of a north/south alley located west of 96 Street NW between 102 and 102A Avenues would be required to accommodate the development.

The Artists Quarters Project is a partnership between the Artists Urban Village and the Arts Habitat Association of Edmonton, and is supported by the City of Edmonton's Cornerstones program.

The public meeting will be an opportunity to learn more about the proposal and provide feedback, which will be summarized in a report to city council for a final decision on the proposed rezoning.

For more information

Carman Yeung, Principal Planner: phone 780-496-6213 or email carman.yeung@edmonton.ca



Services for deaf or hard of hearing persons provided upon request.
Call 311 at TTY/NexTalk 944-5555 and press 0, or email 311@edmonton.ca.

Learn more about and get involved in City issues affecting you and your neighbourhood. Go to www.edmonton.ca/PublicInvolvementCalendar for a list of public involvement opportunities.

Edmonton

ACCOUNT MANAGER, NEW BUSINESS DEVELOPMENT

Metro Edmonton is looking for an experienced, energetic and motivated sales professional to join our dynamic sales team in Edmonton. Reporting to the New Business Development Sales Manager, the successful candidate will utilize creative strategies to customize a broad range of advertising options, both in print and online. The successful candidate will leverage an innovative mindset to support clients in achieving their business objectives while also achieving company set personal monthly and annual targets.

PRIMARY RESPONSIBILITIES:

- Actively prospect and generate new advertising revenue, both in print and online
- Achieve and exceed allocated sales targets
- Support various Special Feature and Custom Publishing opportunities
- Assist clients with building their brand and/or generating awareness about their products, events and/or services
- Build and maintain strong relationships with new clients
- Respond to client queries and follow-up on all client calls and emails
- Develop and present persuasive presentations
- Log daily sales activity into CRM

REQUIREMENTS OF THE POSITION:

- 2 years of demonstrated success in a similar role
- Some relevant post-secondary education
- Dedication to achieving extraordinary results Excellent oral & written presentation, communication and negotiation skills
- Excellent time management skills, highly organized, detail oriented, efficient, ability to meet tight deadlines, ability to set priorities and manage daily tasks
- Creative and collaborative
- Proficient in Microsoft Office – Word, Excel, PowerPoint & Outlook
- CRM experience is an asset
- Strong sense of accountability
- Must be a team player

If you think you have what it takes for this position, send your resume and cover letter to hr@metronews.ca no later than November 30th, 2015. PLEASE QUOTE: 'Account Manager, New Business Development - Edmonton' in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

metro

We're growing!

THE NEW LEXUS SOUTH POINTE THE PURSUIT OF PERFECTION



THE ALL NEW REDESIGNED

2016 LEXUS RX

Taking orders NOW
at The New Lexus South Pointe
Includes No charge Lifetime Oil and Filter offer

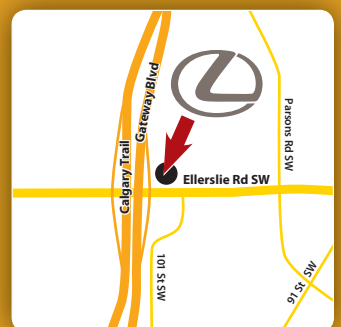
STARTING FROM **\$53,950**



 **LEXUS**
SOUTH POINTE
THE PURSUIT OF PERFECTION

780-989-2222 www.lexussp.com

On the Corners of Ellerslie and Gateway Blvd. SW



See Lexus south Pointe for details. Freight, PDI, Block Heater, and GST extra.

CITY PLANNING

Move to new tower will cost nearly \$7M

The bill to move Edmonton's downtown staff to a central building will be \$16.4 million, but the Katz Group will cover more than half of it.

Starting next November, the city will begin transplanting almost all downtown personnel from their current offices in buildings across the core to the City of Edmonton tower, at 103 Street and 104th Avenue.

City offices will occupy 385,000 square feet of the new

building. But the Katz Group, which owns the building and will lease space to the city, will cover \$9.5 million of the city's moving costs through an inducement.

Taxpayers will pay the rest — \$6.9 million.

Mayor Don Iveson said Tuesday council knew there would be moving costs when it approved the lease to build a new tower for city staff.

"Wherever we moved, there



Given what we are paying for that tower, I would hope there would be some inducements for us.

Coun. Mike Nickel

were going to be costs and very often your landlord will help you with those costs," he said.

Iveson said the new building will save space and money over the long term, but it does

come with upfront costs.

"We expect our employees to work together in more of an open environment and that way they will actually take less square footage," he said.

RYAN TUMILTY/ METRO EDMONTON



The Metro Line is one of several major capital projects that have been either delayed or seen their budgets rise. METRO FILE

The gifts don't have to end.



nexus 5X

nexus 6P

With our Unlimited Holiday Plan you get Unlimited Data, Talk and Global Text plus up to \$15 extra every month to use however you want. For instance, use it to call family and friends overseas, to cover your roaming while you travel or for any of our monthly add-ons. It's the plan that keeps on giving, all year round.

\$45/mo

Offer ends soon



Offer is valid as of November 16, 2015 and is subject to change or cancellation without notice. All unlimited plan features are from anywhere on our network, otherwise long distance and roaming rates apply. To be eligible for a \$10 monthly credit you must activate on the \$45 or \$55 promo plan. Get a bonus credit of \$5/month (\$15 total) when you bring your own phone. The monthly service credits are applicable only for pay-per-use charges and monthly add-ons and are not valid toward your monthly plan fees (that is, the \$45/month plan fee), the cost of devices, or accessories. Any unused monthly credits will be forfeited and may not be carried over to the next month. The applied credits from this promotion may not be used toward the WIND Phone Protection Program. WIND may, from time to time, and without notice, determine that certain add-ons are not eligible for credits. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Applicable taxes extra. Additional terms and conditions apply. Learn more at WINDmobile.ca. Google, Nexus and Android are trademarks of Google Inc. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by WIND Mobile Corp. © 2015 WIND Mobile

City works centralized

MUNICIPAL WORKS

Organization will keep all projects under one roof



Ryan Tumilty
Metro | Edmonton

The city is creating a centralized capital-project department where the buck will stop if another bridge sees its girders bend or another LRT line is delayed for multiple months.

Currently, individual departments manage their own capital projects, but the new organization will be responsible for everything — from roads to LRT to recreation centres.

Adam Laughlin, acting general manager of the new Integrated Infrastructure Services department, said the shift isn't necessarily about recent construction problems but rather the future.

"It's more of a reflection of the growing city that we are. We have a \$4-billion capital program over the next four years," he said.

Still, Laughlin said the city hopes managing all projects under one roof will lead to fewer cost overruns and delays.

"It creates a consistent, efficient and effective approach to capital delivery that's all within one area."

Laughlin said the new department will not add to costs, and that it will move existing staff and re-organize them.

"Our goal is to have the department developed and built early next year, so right now we are in the process of assessing the best way to build the department," he said.

Coun. Scott McKeen said it's clear the city needs to improve, but also noted despite many headlines it is doing a decent job.

"The vast majority of the contracts the city undertakes are on time and on budget," he said.

Coun. Mike Nickel said he hopes the change will mean better accountability for problems.

COIN EXCHANGE

Edmonton coin meters to disappear by New Years

Edmonton's EPark system still faces roadblocks as it replaces, coin-fed parking meters, but officials say it will be operational by New Year's Eve at the latest.

In an update to council Tuesday, officials said the system — to replace all

3,300 coin-operated meters in the city — will be delayed into 2016, but street-level machines will be operating on time. "We're sticking to our targets to have all the coin-operated machines out by December 31," said the project's manager, James Donahue.

RYAN TUMILTY/ METRO EDMONTON

CITY PLANNING

Company will spend over \$41M on mall



Oxford Properties is set to spend \$41.3 million to revamp City Centre Mall as the new arena district develops all around it.

No one from the company granted Metro an interview Tuesday, but according to a press release, Oxford plans to relocate both of the 170-store mall's current food courts to a space on the third floor, on the mall's east side.

The new food court is expected to open in Nov. 2016 and Oxford said the entire redevelopment is scheduled to open Nov. 2017 — though Oxford has not officially confirmed what will go into the space left vacant by the food court.

"With so much development happening all around us, we are getting ready to serve this significant new population of retail shoppers with the retail experiences they

want and expect," said Oxford's general manager of downtown properties Olympia Trencevski, in a release.

Coun. Scott McKeen said he hopes the mall, which currently has few entrances from sidewalks is reoriented to favour the street as well as inside.

"Obviously, that kind of investment in the downtown is really positive and I hope they find a way to open up the mall," he said.

McKeen added it was a good sign for the city in rough economic times.

"It's a major investment by a major company," he said.



It shows that people are still investing and planning to invest more in Edmonton.

Coun. Scott McKeen



The mall's food court will be moved to the third floor during the renovation. KEVIN TUONG/METRO



More than 1,500 people had a pitched battle at last year's snow fight. METRO FILE

Community-building through snowballs

BENEFIT

Collecting donations for foodbank



Braeden Jones
Metro | Edmonton

Just like last year, eager snowballers won't know the time or the place until 24 hours before the event, but hype is nonetheless building for the second annual #yegsnowfight.

Last winter, Jeff Chase and Robin Mazumder post-

ed the idea for a spontaneous, underground snowball-fight on Make Something Edmonton's site and were overwhelmed with the response.

When the fight spot was revealed, more than 1,500 people showed up to hurl snow at one another in Kinsmen Park.

Mazumder said it was a huge success.

"I feel like adults don't often have fun, we are so caught up in work and duties and life... so to take the time to goof off and play around, I saw a lot of people loving that," he said.



Grown adults running around acting like kids, just having a good time.

Robin Mazumder

Mazumder explained the fringe-benefit was building community and connection, as well as collecting donations for the Edmonton food bank from all who participated.

And this year Chase has

moved to Calgary, and is launching the city's first sister-event there.

Besides getting more Albertans in on the fun, Mazumder hopes it will also help get donations to more people who need it after Alberta saw a 24 per cent increase in foodbank use last year.

"We're going to do it in both cities, get more people out, and more donations for the food bank," he said.

People can register at <http://snowfight.wix.com/signup> to receive a text blast with time and date for #yegsnowfight and #yegsnowfight.



PARALEGALS IN ALBERTA EARN A MEDIAN WAGE OF \$25/HR*!

Train for a rewarding, fast-paced career in the legal industry. Apply to the Paralegal program and you could work in family law, corporate, wills and estates planning, real estate, and more!

CDI COLLEGE ALSO OFFERS PROGRAMS IN:

- ACCOUNTING AND PAYROLL ADMINISTRATOR
- BUSINESS ADMINISTRATION MANAGEMENT
- MEDICAL OFFICE ADMINISTRATION
- GRAPHIC DESIGN
- AND MORE!

ASK ABOUT OUR EVENING CLASSES!

1.800.360.7186
STUDY.CDICOLLEGE.CA



Financial assistance may be available to qualified applicants.

Poetry night a slam dunk

COMMUNITY

Spoken word event Tuesdays draws fans to Rouge Lounge

Michelle Falk
For Metro | Edmonton

Every Tuesday night, nearly 100 people gather at Rouge Lounge, in Oliver, for a collective community catharsis through spoken word poetry. And it's catching on.

When Breathe in Poetry started in 2009, a few poets performed for close family and friends. Now, up to 23 poets take the stage and the lounge is packed.

Ahmed Ali — one of the main minds behind the group — established it six years ago as a base for spoken word poetry in Edmonton, and said about 30 per cent of the audience is new each week.

"There was a void in community and art representation when it came to poetry,"



Ahmed Ali performs at a poetry slam at Rouge Lounge in Edmonton. SUPPLIED/THAIMU TURAY

he said, noting the event has helped fill it.

Ben Freeland, a professional writer, got involved with the slam poetry nights after seeking a creative outlet.

"It's grown remarkably fast

"You're really getting a flavour of Edmonton."

Ben Freeland

over the past few years — even during the time I've been attending it's grown noticeably, and that's mostly been through word of mouth," he said.

Freeland attributes the

growth to the "inclusiveness" of the spoken word community. People ages 18 to 80 attend the Tuesday poetry slam and it's multicultural.

"You're really getting a flavour of Edmonton," he said.

Poets perform in nine-minute slots and, when it's not a slam competition, the artists receive feedback from the crowd.

Many bring material that's still rough around the edges, but know the crowd is supportive. So, too, is the host.

Sam Moukhaiber, the owner of Rouge Lounge, said he "saw potential in it being something cool" and stuck by the group through the lean years. Now he reaps the benefits with a full house every Tuesday night.

"Honestly, it's not about profits, it's not like I make anything on those nights — it's just a good night," he said.

Breathe in Poetry only charges entry for poetry nights when they have competitions, which raise money to support poets travelling to other competitions and to bring in outside talent.

IN BRIEF

Albertans ignore flu shot campaign: Public health

Alberta Health Services says people aren't heeding the call to get free flu shots. Stats obtained by Metro show that nearly 160,000 fewer Albertans have received a flu shot this year as compared to last year.

Health Services emphasized that people need to get immunized soon as it takes two weeks after the shot to be fully protected. METRO

Métis Week in Alberta

City hall will fly the Métis Nation flag as of Wednesday to proclaim Métis Week. The week honours the nation's founder, Louis Riel, and is a chance to "reflect on Métis heritage, culture and distinct identity," said Métis Nation of Alberta President Audrey Poitras.

Alberta has the highest Métis population in Canada, said Miranda Jimmy of the city's aboriginal relations office. "Edmonton recognizes ... the role the Métis people have played (and still play) in the founding and development of this city."

LUCY HAINES/FOR METRO

Pre-Owned Specials



2013 Fiat 500C
STK#: N6042A

\$13,200+GST

Sporty and economical for the city!



2012 Audi A5
STK#: DU1028

\$30,821+GST

Luxury Coupe, loaded!



2012 Audi S5
STK#: DU1029

\$40,316+GST

Sport Coupe, loaded luxury!



2008 Audi RS4
STK#: DU1018A

\$34,700+GST

V8 powered sports car w/ exhaust!



2013 Cadillac SRX
STK#: U1003A

\$38,700+GST

Fully loaded Premium package!



2012 Audi Q5
STK#: DU1040

\$31,200+GST

Canada's choice luxury SUV!



2009 Audi A4
STK#: DU1002A

\$16,200+GST

Great value AWD Quattro!



2013 Ford F-150
STK#: N5118A

\$27,200+GST

Very Clean and just reduced!



2008 Mitsubishi Eclipse
STK#: DN5166A

\$10,200+GST

AWD SUV in great shape!



2013 Jeep Grand Cherokee
STK#: N5060A

\$33,700+GST

Loaded, low km's, won't last!

» visit AudiEdmontonNorth.com or email sales@audiedmontonnorth.com for more details.



Audi
Edmonton North

Now Open

18855 Stony Plain Road NW
Edmonton, AB
(587) 772 AUDI (2834)

Dealer #4991570. Vehicles may not be exactly as illustrated. Offers expire November 30, 2015. Prices are plus GST. See dealer for details.



Out of fentanyl hell

TREATMENT

Woman says son still faces demons, but has a chance

Tim Querengesser
Metro | Edmonton

If Alberta had more addiction treatment beds, Carrie Babiuk might have slept over the past year.

Last November, after his best friend died taking fentanyl, her 20-year-old son (who we won't name) revealed he was hooked on it. He told Babiuk he "wanted to live," and was trying medical detox.

"He'd lost 30 pounds and was miserable," Babiuk says. "I didn't know much about fentanyl. I started doing research and realized, 'Oh my God, this is bad.'"

It was. Perhaps the most tragic of fentanyl's evil faces is that an addict who stops taking it quickly loses tolerance.

If they relapse on the power-



Carrie Babiuk's son was addicted to fentanyl. Now, after a difficult year, he's clean and she's hopeful he'll make it.

KEVIN TUONG/FOR METRO

ful opioid, Babiuk says it's an overwhelming likelihood they will overdose. And if no one's around to help, "they will die," she says.

More than 145 people in Alberta have done just that in 2015.

Her son did relapse and over-

dose, but luckily, his girlfriend found him unconscious on Babiuk's front step and called an ambulance. From there, Babiuk's battle really began.

"He needed more than just medical detox," Babiuk says. "He needed (in-patient) treatment."

There weren't any spots available, she says — the wait list was three months.

As he waited and battled to resist relapsing and its lethal consequences, she battled to hold down her job.

He'd be at home, shaking, crying, paranoid and suicidal with withdrawal, and she'd be at work, she says, texting and calling him, "just to make sure he was still breathing."

In the desperate times she took him to the treatment clinics, only to be turned away, she says officials told her to take her son to the hospital.

There, they'd give him drugs to calm his withdrawal and send him home.

"I'm like, 'What am I supposed to do with him?'"

She says she woke every night just to check if he was still taking breaths.

Today, after finally getting in and being clean for more than three months, Babiuk's son's chance at survival is better, but Babiuk isn't mincing words.

"Anybody with a fentanyl addiction isn't given proper priority right now at all," she says.

SALES ADMINISTRATION & RESEARCH

Reporting to the Advertising Sales Manager, Metro Edmonton, the right candidate will carry out a range of administrative and operational tasks related to all levels of sales support in the Metro Edmonton operation.

PRIMARY RESPONSIBILITIES:

- Responsible for all administrative projects as assigned
- Identify prospects, revenue opportunities and lead generation
- Enter new clients in CRM, update client information as necessary
- Complete payment call requests
- Ad creative proofing between clients and designers
- Organizing and updating media kits and sales collateral
- Direct Sales Support

REQUIREMENTS OF THE POSITION:

- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

If you think you have what it takes for this position, send your resume and cover letter to hr@metronews.ca no later than November 30th, 2015. PLEASE QUOTE: "Sales Admin/Research - Edmonton" in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

We're growing!

metr

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.
metronews.ca/panel

GREY HUNS • MISERICORDIA • EDMONTON GENERAL

CARITAS FOUNDATION LOTTERY

OVER \$3.1 MILLION IN PRIZES
DREAM HOME LUXURY VEHICLES TRIPS CASH MORE

DAYS LEFT

\$1.7 MILLION DREAM HOME
PLUS \$25,000 Moving in Money

BUY BEFORE 11PM, NOVEMBER 20

2,570 PRIZES TO BE WON

1.888.944.2774
CARITASFOUNDATIONLOTTERY.COM

Mass Raffle #109927, Spots 50-409931, 12 Days in Carthage 410327
For full lottery rules please visit the website. *Prizes may not be exactly as shown.

Duffy to take stand in the final chapter

TRIAL

Crown brings forward last of witnesses

The last chapter of the long trial of Sen. Mike Duffy will be headlined by a much anticipated appearance by the main character himself.

On Thursday, Ontario Justice Charles Vaillancourt will resume hearing the Crown's case against Duffy on 31 charges of fraud, breach-of-trust and bribery. The senator for Prince Edward Island has pleaded not guilty, arguing he followed all the Senate's expense and spending rules as they were spelled out at the time.

Crown prosecutors will wrap up their evidence over the span of roughly a week, bringing forward a final set of witnesses. Chief among them will be Duffy's friend and former colleague Gerald Donohue.

Duffy himself is expected to take the stand once the defence begins presenting its case, once the Crown is done.

Duffy awarded Donohue some Senate contracts for research and consulting services, and Donohue in turn cut cheques to other service providers through family companies, including a private trainer and a makeup artist. Donohue has been in poor health, and the court has had difficulty organizing dates for his testimony.

That particular element of the trial will hardly be as compelling as the testimony in August of senior members of former prime minister Stephen Harper's staff, including former chief of staff Nigel Wright. The details of who was involved in dealing with Duffy's \$90,000 in contested expenses, and who knew that Wright secretly repaid them, reverberated through the first weeks of the election campaign.

THE CANADIAN PRESS



Former Conservative Senator Mike Duffy arrives at the courthouse in Ottawa in August. THE CANADIAN PRESS FILE

POLITICS

Former Harper aide found not guilty

A former top aide to Stephen Harper has been found not guilty of influence-peddling — even though the judge in the case said that Bruce Carson did try to convince government officials to buy water-treatment systems being sold by a firm that employed his former escort girlfriend.

But in the end, Carson attempted to influence the wrong people, because those officials had no direct ability to sway First Nations communities to purchase the equipment, Ontario Superior Court Justice Bonnie Warkentin ruled Tuesday.

Carson was charged in connection with his attempts to promote the sale of water-purification systems for First Nations communities by a company known as H2O Pros and H2O Global that had hired his former girlfriend, Michele McPherson.

"It is abundantly clear that Mr. Carson was attempting to influence government officials within INAC (Indian and Northern Affairs Canada), cabinet ministers and their staff as well as high-ranking members of the AFN (Assembly of First Nations) to promote H2O's water-treatment systems," Warkentin said in her ruling.

THE CANADIAN PRESS



POACHING

Two bison shot, killed in Elk Island National Park

Two bison have been shot and killed in a national park east of Edmonton.

Parks Canada says it happened near the north entrance of Elk Island National Park over the weekend of Oct. 17-18.

One of the animals was dragged along Highway 16,

which bisects the park, to a field 800 metres north of the park, where some of its meat was cut off. A white Dodge pickup with extra grill lights and a rooftop light bar was seen in the area. The fines for poaching bison start at \$4,500 to a maximum of \$750,000 and/or imprisonment of up to five years.

THE CANADIAN PRESS

THE 2016

SCION iM

The Sexy New Hatchback, Made in Japan by Toyota.

Drive one home for only **\$138_{BW}** with **\$0 Down**



2020-103 A Street SW Edmonton

CALL OR TEXT **780-439-3939**

www.gatewaytoyota.ca



\$0 due at signing payments calculated for 84 months, include all fees taxes and GST.





Syrian refugee children play at a settlement on the outskirts of Mafraq, Jordan, in October. Refugees from Syria won't be coming to Canada from a single camp. THE ASSOCIATED PRESS FILE

Logistics challenge refugee planners

IMMIGRATION

Getting 25,000 Syrians to Canada is a complex task

First came the announcement of the 25,000 Syrian refugees' fast-tracked arrival in Canada.

Now come the logistics. Admittedly, there are plenty of problems. Although numbers ramped up recently, the Harper government cut immigration staff and shrank refugee budgets over the past decade, making it more difficult to process thousands of people in the six weeks left until the end of the year. Or even the longer period that has been hinted at.

But consider the sheer logistics of getting 25,000 mainly

Arabic-speaking Syrians from Lebanon, Turkey and Jordan to Canada without mishaps, missteps and the numerous setbacks that face even ordinary travellers.

"I was one of those urging caution," says Howard Adelman, who launched a national campaign in 1979 that brought 60,000 Indochinese "boat people" to Canada in 24 months. But he added, "there

was so much enthusiasm that I changed my mind."

Scott Mullin, labelled the "One-Man Board of Immigration" during the airlift of Vietnamese refugees from Sham Shui Po refugee camp in Hong Kong, processed thousands of people, sending off a flight every two to three days.

But he said, this operation will be more unpredictable and difficult, because the Syr-

ian refugees won't be coming from a single camp.

Even when they reach the airports, "flying is complicated. There are baggage limits. Women have babies. Elderly people die. And then there's someone who forgot to add their nephew to their documentation papers, so you have six people instead of five."

Military rather than chartered commercial transport may be a less complex way of travel, and better equipped for dealing with security problems and emergencies, says Walter Dorn, a professor of defence studies at Royal Military College of Canada. But he warns, it's more expensive and military aircraft aren't outfitted for large numbers of passengers. "They're meant for transporting troops who are habituated to travelling in rougher conditions." TORSTAR NEWS SERVICE

+ SECURITY

Screening process contains several steps

Normally, government-sponsored refugees go through three levels of intense screening for criminality, war crimes and medical needs.

Officials with the United

Nations High Commissioner for Refugees conduct detailed interviews and identity checks in the country of first asylum.

The registration data is entered into an interconnected global system.

TORSTAR NEWS SERVICE

THREAT

Two Paris-bound flights diverted



Philip Croucher
Metro | Halifax

An Air France flight destined for Paris from Washington was diverted into Halifax on Tuesday night due to a bomb threat.

Peter Spurway, spokesman for the Halifax Airport Authority, said Flight 055 landed safely at Halifax Stanfield International Airport at 10:15 p.m.

The 298 passengers and crew on board the Boeing 777 were then evacuated from the plane.

When asked why the plane made the unscheduled landing, Spurway referred questions to the RCMP.

In a series of tweets issued at about 12:10 a.m. Wednesday, the RCMP confirmed a bomb threat was made and that after the landing, several different agencies assisted in getting the passengers and crew safely off the aircraft.

"(RCMP) will be searching the Air France plane using police dogs trained in explosives," one of the tweets read.

Also Tuesday night, U.S. officials said an Air France flight bound for Paris from Los Angeles was diverted to Salt Lake City because of security concerns.

Federal Aviation Administration spokesman Allen Kenitzer could offer no further details on the security issue.

WITH FILES FROM THE ASSOCIATED PRESS

IN BRIEF

Hidden knife leads to arrest on Parliament Hill

The Mounties arrested a man carrying a hidden knife outside the Parliament Buildings on Tuesday, as security forces remain on high alert following the deadly terror attacks in Paris and Beirut.

The Parliamentary Protective Service apprehended the man outside Centre Block and took him into custody, said RCMP Cpl. Valerie Thibodeau. Charges were pending.

MICHAEL WOODS/METRO IN OTTAWA

More Canadian troops to join training mission

Canada will deploy more troops to help train local fighters battling Islamic State extremists as part of Canada's renewed commitment to the anti-terror fight, Prime Minister Justin Trudeau says.

Trudeau confirmed Tues-

day that a beefed-up training mission will mark the core of Canada's changing contribution to the coalition fight against extremists in Iraq and Syria.

TORSTAR NEWS SERVICE

Attack on Muslim woman 'motivated by hate'

An unprovoked attack on a Muslim woman near an elementary school in Toronto appeared to be "motivated by hate," police said Tuesday as they investigated the incident.

The assault took place around 3 p.m. on Monday while a woman was on her way to pick up her son. Police said the woman, who was wearing a hijab, was attacked by two men.

"It was a completely unprovoked attack," said Const. Victor Kwong. "There's no doubt that this is hate-motivated."

THE CANADIAN PRESS

DENNY ANDREWS FORD PRE-OWNED SUPERCENTRE

WE WANT YOUR TRADE

**2013 Ford F-150
Supercrew 4x4
EcoBoost**

#15FS4791



\$29,887

**2014 Hyundai Veloster
Tech Turbo**

#15FL1171



13,500km

\$19,887

**2015 Ford Fiesta S
Sedan**

#P1504



\$12,988

**2013 Chevrolet
Impala LT Sedan**

#15ED0383



\$13,886

Denny Andrews



182 ST. & STONY PLAIN ROAD 780-489-9999

www.dennyandrewsford.com

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

Vehicles may not be exactly as illustrated. Prices do not include GST. Prices in effect November 18, 2015 to November 22, 2015. See dealer for details.

TOLL FREE:
1-800-252-9303

SERVICE DIRECT
930-3167



EUROPE

Activists urge open borders

Europe must resist the urge to seal its borders to refugees and asylum seekers in the wake of the deadly attacks in Paris last week, Amnesty International said today.

The human rights group is calling for safe, legal routes for the refugees to reach Europe and efficient screening processes to allow them to stay.

"Giving in to fear in the wake of the atrocious attacks on Paris will not protect anyone," John Dalhuisen, Amnesty's director for Europe and Central Asia, said in a statement.

"The numbers fleeing persecution and conflict have not gone away, nor has their entitlement to protection. In the wake of this tragedy, the failure to extend solidarity to people seeking shelter in Europe, often after fleeing the very same kind of violence, would be a cowardly abdication of responsibility and a tragic victory for terror over humanity."

Irregular arrivals into the European Union totaled about 500,000 in September alone, compared to 280,000 in all of last year, Amnesty said in "Fear and Fences: Europe's Approach to Keeping Refugees at Bay."

The report details human rights abuses and push-backs on the border between Spain and North Africa, along the dangerous eastern Mediterranean route via Turkey and on the borders of Macedonia, Serbia and Hungary.

European Union countries have built more than 235 kilometres of fence along their borders, Amnesty found.

A 23-year-old Palestinian refugee from Syria described being held in a dirty police cell in Greece before being sent back to Turkey.

"I was shaking from hunger and one of my friends was looking really white. I got really angry and started shouting that they would be responsible for what happened to us and that we needed food and water. The children hadn't eaten for two days and neither had we," he said.

TORSTAR NEWS SERVICE



A refugee crosses the Greek-Macedonian border Tuesday.

GETTY IMAGES



People observe a minute of silence on Monday outside the La Belle Equipe — one of the targeted shooting sites — on Rue de Charonne in the XI arrondissements in Paris. JACQUES DEMARTHON/AFP/GETTY IMAGES

Café des Anges: A living memorial to its victims

Paris Staff regularly traded back and forth with La Belle Equipe



**Marco Chown Oved
IN PARIS**

A short walk from the public mourning in Place de la République and the bouquets at each shooting site is a café that doesn't appear to have any connection to the November 13th terror-

ist attacks.

But if you go past the round tables lined up along the sidewalk and through the blue French doors on the corner, it becomes clear the Café des Anges is a living memorial to its victims.

Five current and former employees as well as six regular customers were killed at La Belle Equipe, an establishment so intertwined with this one that they traded staff back and forth.

More than two dozen friends had gathered there on the fateful evening to celebrate waitress Houda Saadi's 35th birthday. They were sitting on the terrace and bore the brunt of the assault when it came. Many are still in



We have always had people that come from everywhere, from every country, every religion. Christians, Muslims, Orthodox, everyone.

Café des Anges manager Virgile Grunberg

hospital. Eleven didn't make it.

Among the dead are Hodda and her older sister Hamila, 36, bartender Lacrimioava (Lacri) Pop and her partner Ciprian Calciu, waitress Michelli Gil Jaimez, 27, former bartender Guillaume Le Dramp, 33, and regulars Ludovic Boumbas, René Bichon and Hyacinthe Koma.

"Just thinking about it brings

back images, very graphic images," said Café des Anges's manager Virgile Grunberg.

One invitee showed up late and found police tape and carnage where the party was supposed to be. A pair of brothers dragged their dying sisters from the chaos and desperately performed CPR as they waited for help to arrive.

I spent most of the day with Grunberg and his staff and watched them put on a brave face as the lunchtime rush arrived. They poured coffee, cleared tables and hauled cases of wine up from the basement, all while stopping to chat with those who came by to pay their respects, and greeting regulars with a hug instead of the customary bisous.

"We are all very close, the staff, the customers," Grunberg said. "This is a neighbourhood café. People come everyday and they tend to spend a lot of time here. We're all part of each other's lives."

Axel, a bartender, put it more succinctly: "we're family."

TORSTAR NEWS SERVICE

FRANCE

French police continue hunt

France's defence minister says 10 French fighter jets are carrying out new airstrikes on Islamic State of Iraq and the Levant (ISIL) group targets in Syria.

Minister Jean-Yves Le Drian says the jets have carried out new raids Tuesday evening. Speaking on TF1 TV, the French defence minister said France will have 36 fighter jets in the region capable of carrying out airstrikes on ISIL targets once the Charles de Gaulle aircraft carrier reaches the zone. The carrier embarks

+ MOSCOW

A sombre President Vladimir Putin ordered the Russian missile cruiser Moskva, currently in the Mediterranean, to start co-operating with the French military on operations in Syria.

from Toulon on Thursday.

Meanwhile, French police are hunting for a second fugitive directly involved in the deadly Paris attacks, officials

said Tuesday, as France made an unprecedented demand that its European Union allies support its military action against the ISIL group.

French and Belgian police were already looking for a key suspect, 26-year-old Salah Abdeslam, whose suicide-bomber brother, Brahim, died in the attacks Friday night that killed at least 129 people and left over 350 wounded in Paris. ISIL militants have claimed responsibility for the carnage.

THE ASSOCIATED PRESS



French warplanes are shown bombing operational sites at the Islamic State of Iraq and the Levant's Syria stronghold Raqqa. Tuesday marked France's third consecutive day of airstrikes against jihadists. AFP PHOTO/ ECPAD/EMA

U.S. leaders seeking 'pause' on refugees

GOVERNMENT

Democratic governor joins Republicans in mass backlash

It is not clear that any of the Islamic State of Iraq and the Levant (ISIL) terrorists who attacked Paris last week was a Syrian refugee. But early reports that one attacker entered Europe on a refugee boat to Greece, with a Syrian passport (now believed to be fake), have prompted an immediate and fierce back-

lash from Republicans across the U.S.

Twenty-nine Republican governors have declared this week that their states will not accept Syrian refugees. The list includes the leaders of not only deeply conservative states like Idaho and Alabama but also Massachusetts, Maryland and even Michigan, which already has a large Syrian population.

Governors don't actually have the power to decide who moves to their states once accepted into the country by the federal government. But they can deny support to programs that help refugees survive and

+ CONTROVERSY

Paul Ryan asks for break

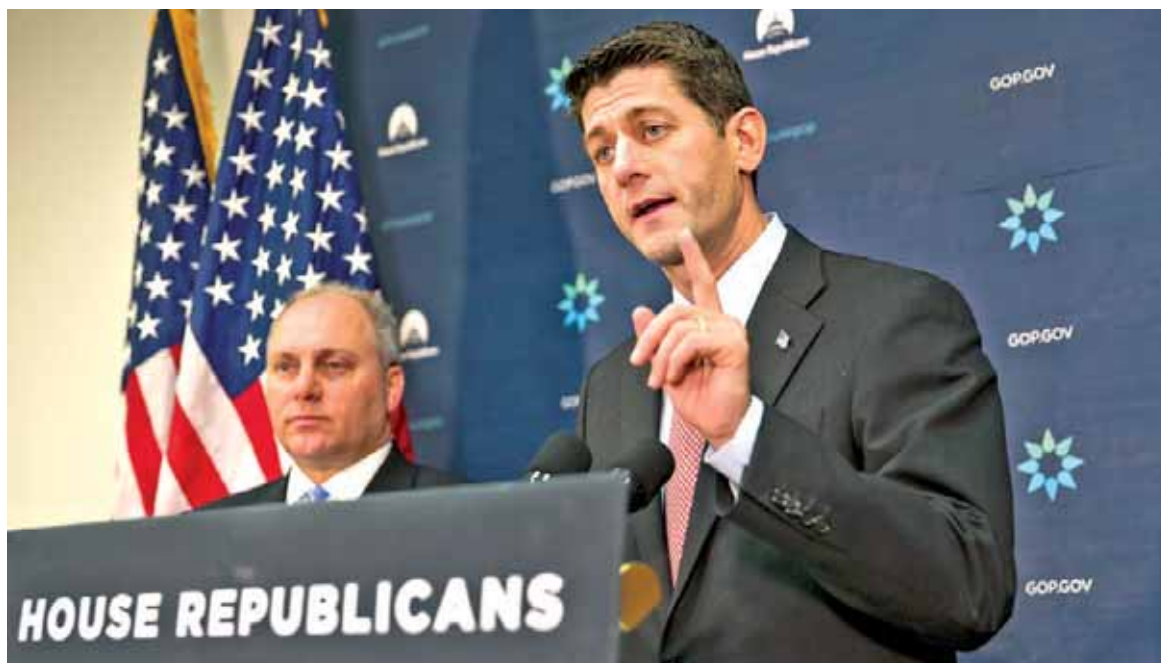
The new Speaker of the House called Tuesday for a "pause" in the intake of Syrian refugees. "This is a moment where it is better to be safe than to be sorry," Paul Ryan said. He wants the government "to better guarantee that members of (ISIL) are not infiltrating themselves among the refugee population."

integrate, and they can try to pressure Washington to direct refugees somewhere else.

New Hampshire Gov. Maggie Hassan, a Democrat, gave Republicans political cover Monday when she called for the federal government to "halt acceptance of refugees from Syria" until U.S. security officials can ensure the refugees are being sufficiently vetted.

President Barack Obama, who has himself faced criticism for refusing to accept a larger number of Syrians, said it is "shameful" to suggest a religious test for refugees. "A new low," Democratic frontrunner Hillary Clinton agreed on Twitter.

TORSTAR NEWS SERVICE



House Speaker Paul Ryan, joined by House Majority Whip Steve Scalise, left, meets with reporters on Capitol Hill in Washington, Tuesday, following a GOP strategy session. J. SCOTT APPLEWHITE/THE ASSOCIATED PRESS

GERMANY

Soccer game halted due to bomb threat

The friendly soccer game between Germany and the Netherlands was cancelled at short notice due to the serious threat of an attack at the stadium on Tuesday.

"We had concrete evidence that someone wanted to set off an explosive device in the stadium," Hannover police chief Volker Kluwe told German TV.

Referring to another bomb threat about an hour beforehand that turned out to be a false alarm, Kluwe said, "After the first object turned out to be harmless, we got a tip that

had to be taken seriously that an attack was being planned."

Lower Saxony Interior Minister Boris Pistorius, speaking at a late news conference, said no explosives had been found by then, and no arrests had been made.

Pistorius said there was no confirmation of rumours that an explosive device was placed in an ambulance or another vehicle inside or outside the stadium.

Federal Interior Minister Thomas de Maiziere told the same news conference that

SOLIDARITY

French, English teams and crowd unite in defiance

Uniting in a symbol of defiance and respect, players and fans of the French and English soccer teams delivered a moving display of solidarity at Wembley Stadium four days after the deadly

attacks in Paris. A touching pre-game ceremony saw supporters sing the French national anthem as one, before the squads came together around the centre circle to observe a minute's silence in honour of the 129 people killed. THE ASSOCIATED PRESS

indications of a planned attack became stronger as the match approached, and

that the game was called off at his recommendation. THE ASSOCIATED PRESS

WHEATON TOYOTA SCION ON THE TRAIL

presents

THE TOYOTA MATRIX REBORN

STK #05K0796

INTRODUCING THE ALL NEW 2016 SCION iM

ONLY \$22,998!

LEASE FOR ONLY \$139 SEMI-MONTHLY INCL. TAX!

\$1,000 GRAD REBATE

WHEATON TOYOTA SCION ON THE TRAIL

5210 CALGARY TRAIL

780-809-4685

WWW.TOYOTAONTHETRAIL.CA

AMVIC American Motor Vehicle Insurance Council

Lease terms: 64 months at 2.89% APR (IAC), 22,500 kms per year. LEV \$8,800.65 plus GST, 1st payment due at signing, payment includes all applicable fees and taxes. Offer ends Nov. 30, 2015.

IN BRIEF**Texas to execute man for killing three in fire**

Texas inmate Raphael Holiday is set for lethal injection Wednesday evening for setting fire to a log cabin and killing his toddler daughter and her two young half-sisters 15 years ago. It's a crime he says he did not commit.

"I loved my kids," Holiday, 36, said recently from a visiting cage outside Texas' death row. "I never would do harm to any of them."

A jury found him responsible for the fatal blaze, however. Holiday would be the 13th prisoner executed this year in Texas, which carries out the death penalty more than any other state, and 26th convict executed this year.

THE ASSOCIATED PRESS

Northern Ireland strikes deal to keep government

Britain published a long-sought agreement with Northern Ireland's parties Tuesday that all sides agreed would sustain their Catholic-Protestant government, the central achievement from decades of peacemaking in the British territory.

Tuesday's 67-page document titled "A Fresh Start" took more than a year of negotiations to achieve. The British Protestant and Irish Catholic leaders of the coalition, Peter Robinson and Martin McGuinness, stood side by side as they praised the agreement as a landmark compromise that would deliver tangible economic benefits subsidized by Britain.

"Today represents another milestone along the way as we normalize and build our society," said Robinson, whose Democratic Unionist Party represents the Protestant majority.

THE ASSOCIATED PRESS



Cuban migrants rest near the immigration office in Peñas Blancas, Costa Rica. ESTEBAN FELIX/THE ASSOCIATED PRESS

Costa Rica proposes a migrant 'corridor'

CENTRAL AMERICA**Tensions rise as Cubans are pushed back by Nicaragua**

Costa Rica on Tuesday proposed the creation of a "humanitarian corridor" for Cuban migrants transiting Central America, en route to the United States as their numbers swell at its northern border with Nicaragua.

Foreign Minister Manuel Gonzalez said in a radio interview

that there must be a co-ordinated solution for the Cubans, who are currently being blocked by Nicaraguan soldiers from entering the country.

"We have nearly 2,000 people at the border," Gonzalez said. "We have to do something with them, give them a solution. They want to continue. Even though a government sends the army after a peaceful migrant population, they are going to find a way to go."

Nicaraguan troops forcefully pushed the Cubans back into Costa Rica on Sunday.

Dagoberto Fernandez, a Cuban mechanic travelling with his

66

We're a group of human beings trying to achieve their dream: Arrive in the United States.

Dagoberto Fernandez

pregnant wife, said they began their journey from Ecuador and had no problems until now.

"Everyone that we have encountered since leaving Ecuador is behaving well. The problem

began upon arriving at the border with Nicaragua," Fernandez said.

"We don't want to stay. We don't want problems," he said. "We're a group of human beings trying to achieve their dream: arrive in the United States."

Costa Rica announced Friday that it was issuing special seven-day transit visas for Cuban migrants. The proposed humanitarian corridor would seek to protect their rights as they travel north through Central America.

About 300 Cubans are expected to arrive at Costa Rica's southern border each day.

THE ASSOCIATED PRESS

MURDER TRIAL**Jury sees wife's last moments**

A jury viewed a surveillance video on Tuesday, depicting the final moments of a young wife's life before she was fatally shot by her husband, who later posted a photo of her dead body on Facebook and insists he fired in self-defence.

The video, from one of several cameras at the couple's South Miami home, shows no evidence that 27-year-old Jennifer Alfonso was physically attacking Derek Medina, as he claims, before he gunned her down in their kitchen in August 2013. But the video angle also does not capture everything that happened in the kitchen, nor the shooting itself.

Two police officers who dealt with Medina the day of the slaying testified that he never asked for medical attention and showed no evidence of physical injury. Medina told police in a videotaped statement played earlier in his trial that Alfonso regularly abused him and had been hitting and pushing him forcefully before the shooting.

"Did you observe any obvious signs of injury to Mr. Medina?" Prosecutor J. Scott Dunn asked South Miami police Det. Matt Taylor, who drove Medina to the Miami-Dade Police Department for questioning shortly after the killing.

"No," Taylor replied.

Earlier, police photos introduced as evidence showed no marks indicating any fight on Medina's body or head and no cuts or scratches to his hands.

Puffs of gunpowder can be seen swirling in the air around the camera. Medina then appears to use his cellphone to take the Facebook photo and leaves the house after changing clothes. He later turned himself in to police.

Medina faces life in prison if convicted of first-degree murder. THE ASSOCIATED PRESS

DENNY ANDREWS FORD PRE-OWNED SUPERCENTRE

WE WANT YOUR TRADE

2013 Nissan Pathfinder SV AWD SUV

#15FS4251

**\$26,876**

2013 Ford F-150 S/Crew XLT Super Crew XTR 4x4

#15FH5911

**\$29,889**

2014 Ram 1500 Crew 4x4

#15FS5301

**\$28,886**

2012 Mazda CX9 AWD

#15FS4311

**\$23,887**

Denny Andrews



182 ST. & STONY PLAIN ROAD 780-489-9999

www.dennyandrewsford.com

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

TOLL FREE: 1-800-252-9303

SERVICE DIRECT 930-3167



Vehicles may not be exactly as illustrated. Prices do not include GST. Prices in effect November 18, 2015 to November 22, 2015. See dealer for details.



A man walks inside a destroyed house after an earthquake at the village of Pothi. ANTONIS NIKOLOPOULOS/EUROKINISSI VIA AP

Two dead in earthquake

NATURAL DISASTER

Greek island wracked by landslides in strong tremor

A strong earthquake with a preliminary magnitude of at least 6.1 hit the western Greek island of Lefkada on Tuesday, killing two people, sparking landslides and causing extensive damage to roads and buildings on Lefkada and nearby islands.

The temblor was felt across western Greece prompting residents on Lefkada and the nearby Ionian Sea island of Kefalonia to rush out onto the streets.

The Athens Geodynamic Institute said the undersea quake had a preliminary magnitude of 6.1 and occurred

at 9:10 a.m. (0710 GMT) off Greece's western mainland, 300 kilometres (186 miles) west of Athens.

The U.S. Geological Survey put the preliminary magnitude at 6.5. Different agencies often have varying preliminary magnitudes in the hours and sometimes even days after a quake.

Greek authorities were struggling to assess the damage, their efforts hampered by landslides that blocked Lefkada's narrow, mountainous roads.

The fire department said an 82-year-old woman was killed in the village of Athani when a wall collapsed on her and a 69-year-old woman died in another village when a boulder loosened by the earthquake tumbled down onto her house. Four people were hospitalized with non-life-threatening injuries. THE ASSOCIATED PRESS

SEVERE WEATHER

Storm leaves snow, could create tornadoes in U.S.

A powerful wintery storm dumped heavy snow on parts of Colorado on Tuesday while bringing the threat of tornadoes to millions in central and southern states.

Much of Interstate 70, Colorado's main east-west highway, was closed because of blizzard conditions on the state's Eastern Plains as well as in northwest Kansas, where up to 15 inches of

snow and heavy winds are in the forecast.

Dozens of semi-trailers and cars were lined up along the interstate and a nearby frontage road on Tuesday as strong winds blew snow across the road.

Tornado watches also are in effect for most of Louisiana and western Mississippi through the evening hours, while Alabama is bracing for severe storms on Wednesday. THE ASSOCIATED PRESS



AUTO LATINO

A DIVISION OF **CROSSTOWN** AUTO CENTRE

TIENE PREGUNTAS? TENEMOS LA SOLUCIÓN

3 DAYS ONLY RECEIVE UP TO \$10,000 CASH BACK OAC

2013 DODGE DART SXT  BLUETOOTH + COMMAND START STK# 15JR873210 NOW \$16,883 or \$114 B/W	2013 FIAT 500 POP  AUTOMATIC LIKE NEW W/UNDER 5,000KMS STK# 14FS824910 NOW \$13,883 or \$94 B/W	2013 HONDA CIVIC SI  NAVIGATION + SUNROOF W/UNDER 25,000KMS STK# 15RC514610 NOW \$23,883 or \$161 B/W
2013 FORD F-150 FX4 SUPERCREW  3.5L ECOBOOST STK# 15RC978520 NOW \$32,883 or \$222 B/W	2015 MAZDA GX SEDAN  WELL EQUIPPED + LOW PAYMENTS STK# EN10856 NOW \$19,246 or \$130 B/W	2012 RAM 1500 SPORT QUAD 4X4  NAVIGATION + ALPINE SOUND PKG STK# 15RC124910 NOW \$32,283 or \$247 B/W
2016 GRAND CARAVAN SPECIAL EDITION  STK# 16GV7878 NOW \$20,888 or \$118 B/W	2016 RAM 1500 QUAD SXT  STK# #16RQ0372 NOW \$35,888 or \$198 B/W	NEW 2015 DODGE JOURNEY  STK# 15JR0316 NOW \$19,998 or \$110 B/W

• FIRST TIME BUYERS? • LIMITED CREDIT? • TEMP FOREIGN WORKER? • PREVIOUS BANKRUPTCY? • REPO? • JUDGEMENT • COLLECTION? • OPD?

ALL TRADES ACCEPTED

WE WILL HELP YOU PAY OFF YOUR TRADE




NO MATTER WHAT YOU OWE! OAC!



DIRECT (JORGE): 587.337.4797
TOLL FREE: 1-866-760-0864

A DIVISION OF **CROSSTOWN** AUTO CENTRE

APPLY ONLINE: AutoLatino.ca

VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED. ALL INCENTIVES AND REBATES ARE REFLECTED ON ADVERTISED VEHICLES INCLUDING NO CHARGE HEMI AND NO CHARGE DIESEL. ADVERTISED PRICES AND PAYMENTS EXCLUDES GST. ALL VEHICLES ARE AVAILABLE AT THE TIME OF PRINT. ALL 2015 VEHICLES FINANCED AT 3.49% EXCEPT FOR DEEP CHEROKEE, RAM 1500 EXCLUDING REG CAB, RAM 2500 AND 3500 GAS/DIESEL FINANCED AT 2.99%. EXAMPLE VEHICLE AT 3.49% 2015 DODGE JOURNEY STK 15JR0316 PRICE \$19,998 FINANCED OVER 96 MTHS \$239.04 MTHLY \$110.42 BIWEEKLY COB \$2969.36. ALL 2016 VEHICLES FINANCED OVER 96 MTHS AT 3.99% EXCEPT FOR (TOWN COUNTRY, CHEROKEE EXCLUDES SPORT 4X2) AND GRAND CARAVAN (EXCLUDES CVP) FINANCED AT 2.99% OVER 96 MTHS. EXAMPLE VEHICLE AT 3.99%: 2016 GRAND CARAVAN STK#16GV7878 PRICE \$20,888 FINANCED OVER 96 MTHS AT 3.99% MTHLY PMT \$254.51 BI WEEKLY PMT \$117.58 COB \$3568.64 UP TO 10,000 CASH BACK OAC. EXAMPLE VEHICLE: 2016 GRAND CARAVAN STK#16GV7878 PRICE \$30888 FINANCED OVER 96 MTHS AT 3.99% \$377.69 MTHLY \$174.49 BW COB \$5295.92. PAYMENTS ON VEHICLE MODEL YEAR 2010-2012 FINANCED AT 5.99% OVER 72 MTHS. EXAMPLE VEHICLE: 2012 RAM 1500 SPORT STK#15RC124910 PRICES \$32,283 FINANCED OVER 72 MTHS AT 5.99% MTHLY PMT \$534.87 BI WEEKLY PMT 247.23 COB \$6227.64. PAYMENTS ON VEHICLE MODEL YEAR 2013 AND NEWER FINANCED AT 5.99% OVER 84 MTHS. EXAMPLE VEHICLE: 2013 FIAT POP STK#14FS824910 PRICE \$13,883 FINANCED OVER 84 MTHS AT 5.99% MTHLY PMT \$202.74 BI WEEKLY PMT \$93.71 COB \$3147.16. ALL TRADES ACCEPTED: "WE WILL PAY OFF YOUR TRADE NO MATTER WHAT YOU OWE". BALANCE OWING WILL BE APPLIED TO YOUR NEW FINANCE CONTRACT OAC. ALL OFFERS: FIRST TIME BUYER, LIMITED CREDIT, TEMPORARY FOREIGN WORKER, PREVIOUS BANKRUPTCY, PREVIOUS REPOSESSION, JUDGEMENT, COLLECTION, AND O.P.D. ARE BASED ON APPROVED CREDIT AND A DOWN PAYMENT MAY BE REQUIRED. ALL DEALER REBATES, DISCOUNTS, FACTORY INCENTIVES, PRICES AND INTEREST RATES SUBJECT TO CHANGE OR END WITHOUT NOTICE AS NEW RETAIL INCENTIVE PROGRAMS ARE ANNOUNCED. ALL OFFERS END NOVEMBER 30, 2015.



ALBERTA MOTOR VEHICLE INDUSTRY COUNCIL

Fast-food fight over breakfast

RESTAURANTS

Rivals try to lure customers from leader Tim Hortons

Doug Fisher tries to steer clear of fast food for breakfast, but once in a while the president of food-service consultancy firm FHG International Inc. in Toronto has one of Starbucks' decadent egg sandwiches.

"Breakfast is a hot item, and it's an open market," he says.

The giants are locked in a battle for your breakfast business.



McDonald's Egg McMuffin

TORSTAR NEWS SERVICE

Fisher says they're all trying to lure you away from top player Tim Hortons, which has over half the morning market share among "quick service" chains. McDonald's has been the most successful at stealing market share from Tims with its wildly popular coffee and McCafé offerings, Fisher says.

Breakfast accounts for 27 per cent of all fast-food revenue, up from 20 per cent last year. According to research firm NPD Group, the morning meal (breakfast and early snack) actually surpassed lunch in 2014 as the industry's biggest business "day part" in Canada. It accounts for 35 per cent of all fast-food traffic compared to 25 per cent at lunch, says NPD.

Most of the giants have launched new breakfast menu items recently. They range from so-called healthy fast food to traditional, higher-calorie fare, says marketing professor Ken Wong at the Smith School of Business at Queen's University.

The Egg McMuffin, which was introduced in Canada in 1976, is still among the lightest menu items at 290 calories. Tim Hortons offers some brekkie sandwiches under 300 calories. At the other end of the scale, Burger King's Enormous Omelette Sandwich weighs in at 750 calories.

TORSTAR NEWS SERVICE



The big players are pulling out all the stops to get your breakfast business. Doug Fisher is president of food-service consultancy firm FHGI in Toronto and likes Starbucks but also enjoys the odd McDonald's breakfast sandwich. TORSTAR NEWS SERVICE

Enter the Ultimate Lexus World. GROWING AGAIN

Our aim is to ensure our customers (we prefer to call them "Guests") will experience something truly unique every time they visit us.

We are now looking for a someone to be part of delivering a truly unique experience:

● Full time Concierge/Receptionist

(Preference given to candidates with a proven track record)

To become part of our team, you need to share our vision, share our passion and see what we see.

You need to be confident, proud of your own capabilities, and keen to be part of the most refined automotive dealership in town.

But above all, you need to be someone who understands our guest's world of privilege, and be someone who enjoys providing an exceptional level of attention and service.

Sounds like you - See yourself in this role - Want to find out more?

Please email your resume to farid@lexussp.com

Successful applicants will then be contacted with an interview day, time and place.

LEXUS
SOUTH POINTE

780.989.2222

lexussouthpointe.com

On the corner of Ellerslie Road & Gateway Blvd. S.W.

DIAMOND EXPLORATION

De Beers seeking support

An exploration team from De Beers Canada was expected to be in northern Ontario's remote Weenusk First Nation on Tuesday to seek community support to conduct diamond exploration work.

Weenusk First Nation, or Peawanuck, is a small community of nearly 400 people, 1,400 kilometres north of Toronto, on the shores of the Winisk River.

The Cree community is divided on whether or not they support mining in their ecologically sensitive and undisturbed traditional lands. Many live off the land, fishing and

"I have already said what I had to say and I'm not interested."

Georgina Pepan

hunting caribou. They are concerned about the consequences of mining development.

De Beers is one of the world's largest diamond-mine companies, operating with its partners in 20 countries across five continents. Each year, the com-

pany pulls 600,000 carats of diamonds out of the Victor Diamond Mine, 90 kilometres west of Attawapiskat First Nation. But the Victor Mine nears the end of its life span in four years. De Beers is now looking for fresh sources of diamonds.

Weenusk band councillor Georgina Pepan said she was not going to the meeting on Tuesday. "I have already said what I had to say and I'm not interested in mining," said Pepan, adding that the chief would also not be in attendance as he is out of town.

TORSTAR NEWS SERVICE

Apple Pay available here, but not for all

Apple Pay officially launched in Canada on Tuesday, but only a small number of Canadians will be able to make purchases with their mobile phones at first.

The mobile payments app allows users to upload credit-card data to their Apple devices and use it for tap-to-pay systems or in-app purchases.

Apple said seven retailers, including Tim Hortons, Petro-Canada and Indigo Books and Music, will accept payments

at first, with more to come.

Yet most Canadians won't be able to use Apple Pay immediately because it currently accepts only American Express cards issued by Amex Bank of Canada and the tap-and-pay system only works with the iPhone 6 and 6S models.

That means no Visa or MasterCard, which together account for more than 90 per cent of the Canadian market.

THE CANADIAN PRESS

market minute



DOLLAR

75.14¢ (+0.09¢)



TSX

13,280.39 (-37.13)



OIL

\$40.67 US (-\$1.07)



GOLD

\$1,068.60 US (-\$15)

NATURAL GAS: \$2.371 US (-1.4¢)
DOW JONES: 17,489.50 (+6.49)

ROSEMARY WESTWOOD

Hate-crime headlines and anti-immigrant sentiment don't completely describe this country. There are 35 million people in Canada. And the vast majority of them are not attacking Muslims right now.



A few things have happened to Farheen Khan since terrorists attacked Paris.

Yesterday, as she was getting ready to leave her house, her mother told her to make sure she called, to say that she's safe.

In the wake of hate crimes against Canadian Muslims, there's "fear, that we need to be careful," said Khan, a Mississauga writer, community activist, former NDP candidate in the last election and a Muslim who wears a hijab.

Then later yesterday, gasping up her car, an elderly man was watching her intently. "It looked like he wanted to say something." But instead he offered a deep, heartfelt smile. Khan sensed he "wanted to say I'm sorry that you're going through this."

You might think Islamophobia is sweeping this country: A Molotov cocktail tossed into a Peterborough mosque; a Toronto woman attacked in what police are calling a crime "motivated by hate;" a misguided woman with a sign on her lawn asking Muslims if they're sorry for what their "brothers" did in Paris.

More than 60,000 have signed a petition to slow Canada's acceptance of Syrian refugees. Saskatchewan's premier and Quebec City's mayor are both questioning the Liberals' plan — to offer a new home to 25,000 Syrians fleeing their country's civil war.

The hate-motivated crimes are "heinous and tragic," Khan said. But they have also lead to examples of support, like the Peterborough mosque. "You see the community rally

together and try to raise money for this mosque." Loud voices support Canada's refugee commitments, too.

Islamophobia in Canada has peaks and lulls. Like after 9/11, we're in a peak,



(ISIL) have nothing to do with the average Canadian Muslim, or the average Muslim, period.

Farheen Khan

Khan said.

"There needs to be a distinction. In a lot of people's minds we need to be able to create that sense that, you know what, an extremist group — they're an organ-

ized crime agency, they have nothing to do with the average Muslim Canadian or the average Muslim, period."

Khan added that clearly, education must continue.

"The last 10 years that we've been under the Harper Conservatives really added fuel to the fire. We've gone a little backwards."

We'll see if the new tone of the Liberals helps change things, Khan said. And she agreed with me that hate-crime headlines and anti-immigrant sentiment don't completely describe this country.

There are 35 million people in Canada. And the vast majority of them aren't attacking Muslims right now.

When we give in to fear and bigotry, the extremists win



Michael Coren
For Metro

I am currently in London, England, and the ripples from the Paris massacre are still being felt in this enormous city. It was all the more biting for me as our eldest daughter lives in Paris. Thank God she's okay, but one of her friends was shot in the arm. Proximity and love make it all so grotesquely real.

So, however, do the responses; especially when they are thoughtless, reactionary and soaked in rhetoric.

The mood here is that if we are to defeat these gargoyles of immorality, we must maintain our cultural superiority. And that culture consists of tolerance, religious pluralism, gay and women's rights, the rule of law and the acceptance of the stranger. To compromise on this would be to allow ISIL to win.

Yet within moments of the attack, not only social media but mainstream newspapers were calling not just for severe responses against ISIL — which is entirely justified — but warning against anybody perceived as a

threat. Namely: Muslims and migrants.

The truth, however, is that the overwhelming majority of Muslims not only detest ISIL but are its first victims. As for migrants, the very reason many of them are fleeing is to escape Islamist barbarism. That feeling is strong in London, but I'm not so sure it's the case across the Atlantic.

As for increasing the military campaign against the terror group — and perhaps we have to do so — we should also remember that it was the Gulf War, the western coalition's invasion of Saddam's Iraq, that destabilized the region and led to the very anarchy we now see. If you doubt me, think back to the situation before that campaign took place.

So the West is hardly free of blame in all this, and to now see armchair warriors writing bellicose columns is nauseating. Every time we make a sweeping statement about Islam, call on borders to be closed or call for migrants to be treated like potential terrorists, we play into the hands of ISIL and empower the very people we claim to oppose.

I have written an entire book about the persecution of Christians by Islamic extremists, and am not some naive fool who doesn't understand how the Muslim faith can be twisted. But I also know true Islam and true Muslim people.

As a submachine-gun-carrying British cop said to me just hours after the massacre, "These bastards have to be stopped." His name was Mohammad.

The West is hardly free of blame in all this, and to now see armchair warriors writing bellicose columns is nauseating.

metr 
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve ShROUT

MANAGING EDITOR EDMONTON
Tim Querengesser

ADVERTISER INQUIRIES
adinfoedmonton@metronews.ca
General phone 780-702-0592

FREE TO SHARE 

PHILOSOPHER CAT
by Jason Logan

ALL RISING TO A GREAT PLACE IS BY A WINDING STAIR.


FRANCIS BACON

Philosopher cat now at
www.mymetrostore.ca



Donna Hay cooks The New Easy way

COOKING AT HOME

The Aussie food star talks recipes for everyday meals

Donna Hay is in her "absolute happy place" picking through a bunch of fresh mint.

The Australian food personality slips the perfect leaves into an ice bath. She sets the imperfect ones (most of them, in fact) aside.

"Only the pretty ones sur-

vive," sighs Hay with a hint of guilt. "It's terrible. It's Next Top Model: Mint."

Hay — a prolific cookbook author, magazine editor, TV personality and food stylist — is in the Torstar test kitchen cooking from her newest book, *The New Easy*: 135+ clever solutions and flavour-packed recipes for weeknights and weekends is her 23rd book.

Hay has always made gorgeous look easy. Now she makes easy look easy.

She has asked to make her spiced lamb and tahini tart. The dish (which isn't a tart by

Canadian definitions) slathers an ordinary pita with hummus and tops it with ground lamb mixed with pine nuts, honey, dried mint and a North African spice blend called ras el hanout.

You're allowed to just scatter the perfumed meat mixture on the pita, but Hay can't help herself. She rolls the meat into tiny, perfect marble-sized balls while she talks.

Still, the pitas are ready for the oven in minutes.

"It speaks to me," Hay says of the Middle Eastern-inspired dish, "because I actually just cooked this at home. I think the reason my children like this is because I'm not a huge believer in standing over them to make them eat their vegetables."

Her boys — 12-year-old Angus and 9-year-old Tom — like their vegetables to come alongside dips. Tom calls this lamb pita concoction "dip pizza." Both sons can make it themselves.

Hay is passionately devoted to getting people to cook at home.

"I think restaurants have a really great place in my life, but I don't want to try to emulate something too difficult at home, even on the weekend — I just don't have time."

The New Easy

promises to simplify kitchen life with new flavour combinations and new shortcuts. There are quick weeknight meals and special weekend dishes, with shorter chapters for salads/sides, baking and desserts. "Re-style" tips show you how to tweak and present dishes into something new.

Hay adores basic ingredients that are simply prepared. She lives in multicultural Sydney in a country spoiled for choice when it comes to fresh food. But she's best known for her exquisite food styling.

Hay doesn't fake her pictures. She uses a water sprayer, paint brush and oil to gloss things up, but shoots only in natural light and says her team of 20 eats everything they cook.

"I think styling has got a lot more casual," she muses. "It's a little bit messier and little bit more inclusive so people don't feel so pressured to perform."

TORSTAR NEWS SERVICE



People may fall for the pictures in her cookbooks says Donna Hay, but "then they're pleasantly surprised by the ingredient list and the fact the method is short and concise." MAIN PHOTO CONTRIBUTED; FOOD PHOTO: TORSTAR NEWS SERVICE



RECIPE

Spiced Lamb + Hummus Pita Serves 4

Ingredients

- 4 large pitas (about 9 inch/23 cm)
- 2 cups (500 mL) home-made or store-bought hummus
- About 1-1/2 lb (675 g) ground lamb
- 1 Tbsp (15 mL) dried mint
- 2 Tbsp (30 mL) liquid honey
- 1 Tbsp (15 mL) ras el hanout spice blend (a North African/Moroccan blend of about 12 spices)
- 1/2 cup (125 mL) pine nuts
- Kosher salt + freshly ground black pepper

For serving

- Plain Greek yogurt
- Fresh mint leaves
- Lemon wedges

Directions

1. Place pitas on parchment-lined baking sheets. Spread with hummus, leaving 1/2-inch (2-cm) border.
2. In bowl, combine lamb, dried mint, honey, ras el hanout and pine nuts. Season with salt and pepper. Sprinkle lamb over hummus. (Or form into marble-sized meatballs and arrange neatly on pita.)
3. Bake in preheated 400F (200C) oven until lamb is cooked through and golden brown, about 12 to 15 minutes.
4. Cut pitas into wedges. Serve topped with yogurt and sprinkled with sumac and fresh mint leaves. Pass lemon wedges separately.

ADAPTED AND RENAMED FROM THE NEW EASY.

WHERE SANTA LIVES



Fresh
RADIO 92.5
EDMONTON'S OFFICIAL
CHRISTMAS STATION

**DON'T
MISS OUT.**

**GET YOUR
FLU SHOT.**



Vaccination is the #1 most effective way to reduce your risk of severe flu this year. Keep up with your plans this flu season.

Walk in to your local Shoppers and get your flu shot.

SHOPPERS
DRUG MART 

'Tis the season for slow cooker meals

QUICK RECIPES

Try these fun dishes that are perfect for busy families

Ceri Marsh & Laura Keogh
For Metro Canada



We're going to tell you the one thing that is certain to make your life easier. And you're likely going to be surprised that it's a kitchen appliance. However, if you need to get meals on the table for your family everyday, without fail, then a slow cooker is truly your savior.

We know — it's wildly unsexy, but this magical appliance is the easiest way to deliver home-cooked meals without all the, well, you know, being home and cooking.

Whether you toss your dinner in the pot in the morning and head out the door to work or fill it with goodness before you go to bed, your family is always guaranteed a hearty and delicious meal.

Here are three of our favourite slow cooker dishes you can get on the table this week.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

DINNER BUTTER CHICKEN

You won't believe how good the house smells when you come through the door to this healthy recipe that doesn't actually use a drop of butter but delivers double on creamy and rich flavour.

Ready in

Prep time: 10 minutes
Cook time: 6 hours

Ingredients

- 2 lb chicken thighs or breasts, cut into bite-sized pieces
- 1 onion, chopped
- 3 or 4 cloves of garlic, minced
- 1 tsp minced ginger
- 147 ml tube of tomato paste
- 1 heaping Tbsp curry
- 1 x 400 ml coconut milk
- 1/2 cup Greek yogurt
- 1/4 cup milk
- 2 Tbsps coconut oil
- small handful of cilantro for garnish

LUNCH CHICKEN CHILI TACOS

If your family doesn't already have a taco day then you'll definitely want to start the tradition with this juicy and tender chicken dish.

Ready in

Prep time: 10 minutes
Cook time: 6 hours

Ingredients

- 6 boneless, skinless chicken thighs
- 1½ cups prepared pico de gallo or salsa
- ¼ cup fresh lime juice
- 2 tsp cumin seeds, lightly toasted
- ¼ cup chopped fresh cilantro
- 12 taco shells

Directions

1. Place the chicken, pico de gallo or salsa, lime juice and cumin seeds in a slow cooker and stir to combine. Cover and cook on low for 6 hours.
2. Allow to cool a bit. Scoop the chicken out with a big slotted spoon and place it in a large bowl. Use two forks to pull the meat apart. The chicken will shred easily. Stir in some cooking juices from the pot and add the cilantro.
3. Place the shredded chicken, your taco shells and desired fixings on the table and let everyone put together their own perfect taco.



Let your family to their tacos with their favourite ingredients. This recipe serves four. MAYA VISNYEI



This recipe serves eight. MAYA VISNYEI

antro for garnish

Directions

1. Put everything in the slow cooker and stir it all around.
2. Close the lid. Set the timer

for 6 hours. Don't worry if you need to be away from home for 8 hours or longer — it will be OK.

3. Serve with a big spoonful of jasmine rice and a sprinkling of cilantro.

BREAKFAST PB AND BANANA SANDWICH OATMEAL

This morning bowl of oats is like your favourite childhood flavours all rolled together in one bowl.

Ready in

Prep time: 10 minutes
Cook time: 8 hours

Ingredients

- 1 1/4 cups steel cut oats
- 2 cups almond milk
- 1 cup milk
- 1 cup water
- 1 Tbsp flax meal
- 1 Tbsp chia seeds
- 1 tsp real vanilla extract
- 1/4 tsp salt
- 1/3 cup chunky or smooth peanut butter
- 1 ripe banana, sliced
- 1 tablespoon honey
- 1 tablespoon brown sugar

Directions

1. Add oats, almond milk, milk, water, flax meal, chia seeds, vanilla extract, salt and peanut butter into your slow cooker. Give it all a stir with a whisk to break up the peanut butter.



This recipe serves four. MAYA VISNYEI

2. Arrange banana slices across the top. Drizzle with honey and then sprinkle the brown sugar. Cover and cook on low for 8 hours.

3. In the morning, scoop oatmeal out of slow cooker, pour in splash of almond milk and garnish with toasted, sliced almonds and some shredded coconut.

LIQUID ASSETS A NEW WAY TO LOOK AT FRANCE'S BEAUJOLAIS

With word that the 2015 harvest in France's Beaujolais produced fruit worthy of classic vintage status; tomorrow's release of the region's Nouveau wines might just turn into, well, an event.

The first juice pressed from French vineyards, Nouveau had its heyday back in the late '70s when wine-makers would race to be the first to unveil their wines at Parisian bistros.

While it still gets the spotlight in Europe, North American snobs complain that Nouveau wines are too expensive and as flimsy as a cheap shower curtain. Always up for a glass of wine

on a cold November night, I've kept a more open palate when approaching Nouveau. At an average price of \$14, those made with the hand-picked grapes from the broader Beaujolais appella-

tion cost about as much as an average Aussie Shiraz. Joseph Drouhin's 2015 Beaujolais-Villages Nouveau (\$15.95-\$18.99) comes from the vineyards surrounding a smaller group of villages.

Loaded with red berry fruit; like all Nouveau it shines brightest after a slight chill. PETER ROCKWELL/ FOR METRO CANADA



JOHANNA SCHNELLER WHAT I'M WATCHING

Aziz Ansari speaks to his generation

MASTER OF NONE, SEASON 1, EPISODE 5 (NETFLIX)

Dev (series creator and star Aziz Ansari) and a married woman (Claire Danes) are caught in flagrante by her husband Mark.

"I'm going to leave, and this time I'm leaving for good!" Mark rages to her.

Then he wheels on Dev, who is clad only in undershorts: "Why are you still here?" "I thought it might be awkward if we were in the elevator together," Dev replies. "Would you like to go first, or should I go first?" Mark stares at him in disbelief, then snaps, "Get the f— out of my house!"

I love this — Dev is nearly naked, in the middle of an emotional maelstrom he helped cause, yet his main concern is parsing the minutia of awkwardness. All 10 episodes contain moments like that, because Ansari has a gift for capturing the rhythms and concerns of millennials, that 20-something cohort who are struggling to be



Master of None star and creator Aziz Ansari has made the perfect show about the minutiae of awkwardness. HANDOUT

authentic but on-trend, empathic but cool; are navigating a world where they have to ask permission to kiss but expect to hook up; are trying to figure out who they are while processing billions of bytes of information; and who fear awkwardness above all else.

Ansari is also first-generation American, which adds a new

dilemma, proudly brown versus colour-blind. He sums up an entire world view in, say, the search for the perfect taco ("What am I supposed to do now?" he sputters to the taco truck driver, whose wares are sold out. "Buy the second-best tacos, like an idiot?"). It's the perfect 21st-century show.

IN BRIEF

Oxford's Word of the Year for 2015 is not a word

For the first time, the Oxford Dictionaries Word of the Year for 2015 is not a word but an emoji.

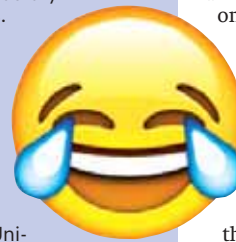
The pictograph is officially called the 'Face with tears of joy,' and shows a happy face crying tears.

To choose from the many types of emojis in use, Oxford University Press worked with mobile technology business SwiftKey to track the most popular symbol used around the world in 2015.

In the U.K., the happy crying face made up 20 per cent of all emojis sent in 2015, while it also made up 17 per cent of emojis used in the U.S.

That compares to four and nine per cent respectively the year before.

AFP



COLLABORATIONS

Artists Shine a Light on racism in America

When Pharrell Williams signed up to perform at an all-star concert highlighting race relations in America, the multi-layered musician didn't want to "have a Kumbaya type-of-moment" onstage with his fellow performers, as he put it.

"That's not what these communities need. They don't need another song, they need action," Williams said in an interview Monday. "And if that's accompanied by music, that's a beautiful thing."

What came from that are two specials airing on A&E on Friday. The two-hour Shining a Light: A Concert for Progress on Race in America — which includes Bruce Springsteen, Smokey Robinson, Ed Sheeran, Sia and John Legend — will tape Wednesday at the Shrine Auditorium in Los Angeles. It will air at 8 p.m. ET on Friday.

A one-hour special, Shining a Light: Conversations on Race in America, will follow at 10 p.m. ET. The special will feature conversations about racial inequality and violence in communities like Baltimore, Md. and Ferguson, Miss.

Williams visited and taped a performance earlier this month at the South Carolina church where nine black parishioners were shot and killed on June 17.

"We feel like for the first time a major network was very generous and (was) open to the

concept of there being a platform for people in communities to voice their opinions and talk about their stories," said Williams, who was

joined by Soledad O'Brien in Charleston, S.C. "Even if they agree or disagree, they have a platform to do it in an organized way."

THE ASSOCIATED PRESS



Pharrell Williams
GETTY IMAGES

SHOP & WIN AT

BONNIEDOON CENTRE

Over \$8,500 in Prizes!



FROM NOV 12-DEC 15

EVERY QUALIFYING \$50 YOU SPEND AT BONNIE DOON CENTRE GETS YOU A CHANCE TO WIN! ENTER YOUR RECEIPTS AT CUSTOMER SERVICE.

17 PRIZES IN TOTAL TO BE WON. SEE FB FOR DETAILS.

You need it anyway, so buy it at Bonnie Doon Centre to win!

bonniedoonshoppingcentre.com



ROBERTSON
COLLEGE

It's Time to Check Out Robertson College

Take the first step towards your new career with Robertson College where we know our students by name and not their student numbers.

- ✓ Programs in Health Care & Business
- ✓ Be Career Ready & Employable in One Year or Less
- ✓ Experienced Instructors Bring Real World Insight into the Classroom
- ✓ Career Services & Job Search Assistance When You Graduate
- ✓ Gain Access to Our Employer Network
- ✓ Online Programs are Available - Earn Your Diploma or Certificate 100% online

Visit robertsoncollege.com to learn more about our programs or call us at 587.408.3168 to get started!

Charlie Sheen on life with HIV

THE ANNOUNCEMENT

Actor reveals diagnosis to end extortion, reduce stigma

Former Two and a Half Men star Charlie Sheen has HIV.

In an interview Tuesday on NBC's Today, the 50-year-old actor said he tested positive for the virus that causes AIDS

about four years ago, but that, thanks to a rigorous drug regimen, he's healthy.

When asked by co-host Matt Lauer if he had transmitted the disease to others, he declared, "Impossible. Impossible," and insisted he had informed every sexual partner of his condition beforehand.

Since his diagnosis, he has had unprotected sex with only two partners, he said, adding, with no further clarification, "They were under the care

of my doctor and they were completely warned ahead of time."

He said one reason for going public with his condition was to put a stop to shake-downs from prostitutes and

others who threatened to out him.

He said one prostitute took a photo of the HIV-related drugs in his medicine cabinet and threatened to sell that photo to the tabloids.

He said he had paid "enough to bring it into the millions" — perhaps as much as \$10 million — to buy their silence and now was seeking to "put a stop

to this barrage of attacks and sub-truths."

"Are you still paying these people?" Lauer asked him.

"Not after today I'm not," said Sheen, who during his appearance appeared jumpy and spoke in stuttering bursts.

Asked by Lauer if he expected "a barrage of lawsuits" from past sexual partners alleging he infected them, he said wanly, "I'm sure that's next."

With his public pronouncement, Sheen said he hoped to reduce the stigma and shame still felt by some others diagnosed with HIV, as well as by those who are reluctant to be tested in the first place.

"I have a responsibility now to better myself and to help a lot of other people," he said. "And hopefully with what we're doing today, others may come forward and say, 'Thanks, Charlie, for kicking the door open.'"

THE ASSOCIATED PRESS

WHAT TO KNOW

AIDS activists react

Three Toronto social workers talked about what they hope people will take away from the Sheen's HIV-positive reveal.

DO

...practice what you tweet

"People are much more willing to talk about HIV and show compassion and that's incredible," says Murray Jose-Boerbridge, executive director of the Toronto People with AIDS Foundation. "The next hurdle there is to actually take that to action."

...start treatment right away

"What we're hearing in the research is it's really important to start your treatment right away when you find out," says Jocelyn Watchorn, the AIDS Committee of Toronto's director of support services.

...disclose to your children at your own pace

Sheen spoke about coming clean to his 31-year-old daughter Cassandra. "It's helpful when the parents themselves have done a lot of work in terms of their own acceptance of HIV," says Nicci Stein, executive director of the Teresa Group, which advocates for children and families affected by HIV and AIDS.

DON'T

...talk about HIV like it's a karmic punishment

"People always think, 'I'm not that kind of person, therefore I'm fine'," Stein says. "There's such a wide variety of people who are living with HIV through all sorts of circumstances."

...assume Sheen represents all HIV-positive people

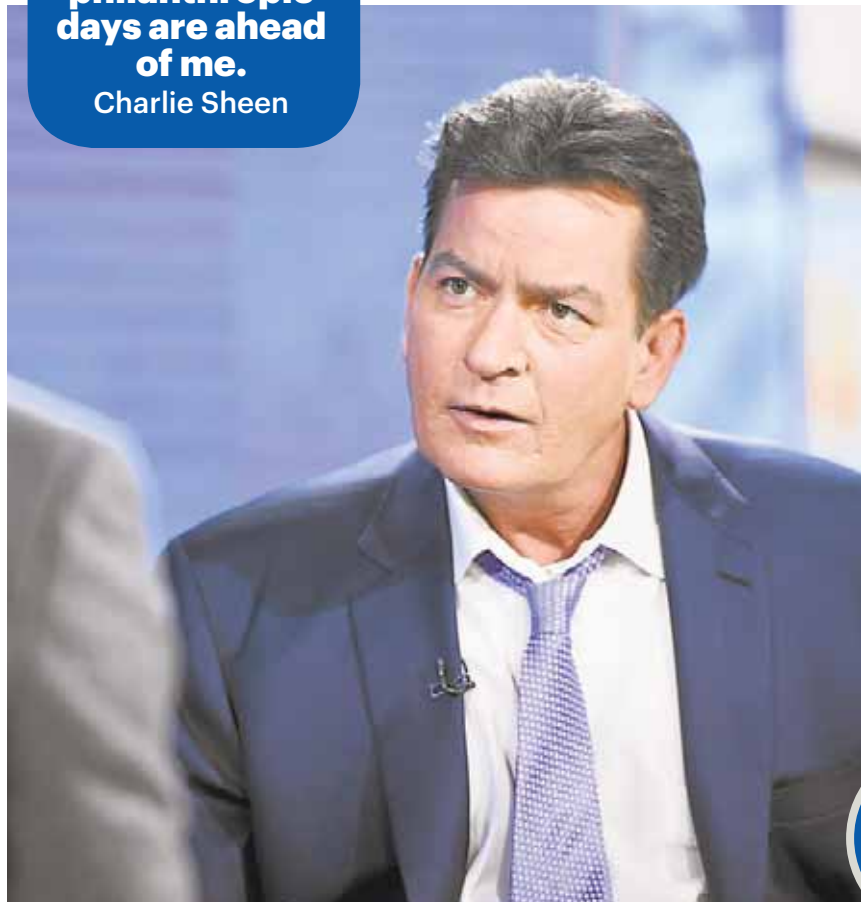
"I'd hate to see discussion or resources move to follow the trend of a star. The vast majority of people living with HIV continue to be gay men or other individuals who are experiencing societal gaps," says Jose-Boerbridge.

...underestimate the value of a celebrity ally

"He has the capacity and he certainly has the following to actually raise provocative conversation," Jose-Boerbridge says. "To actually challenge people to really think."

TORSTAR NEWS SERVICE

My partying days are behind me. My philanthropic days are ahead of me.
Charlie Sheen



Charlie Sheen in an interview Tuesday said he tested positive four years ago for the virus that causes AIDS. NBC/THE ASSOCIATED PRESS

SOME FACTS ABOUT HIV

- Cocktails of powerful medications have turned HIV into a manageable chronic disease for many people who can afford them. Those drugs also reduce the amount of HIV virus circulating in the body, what's called the "viral load," often to undetectable levels. That, in turn, reduces their chance of transmitting HIV to sexual partners, one reason that health officials urge early treatment.

- There is no vaccine. Condoms if used consistently and correctly are highly effective at preventing sexual transmission. Also, a daily pill sometimes is prescribed for healthy people to help prevent them from becoming infected by partners who have the virus, something called "pre-exposure prophylaxis" or PrEP. THE ASSOCIATED PRESS

IN CANADA
71,300 people are estimated to be living with HIV, as of 2011.

rabbit hill
snow resort

#embrace Winter

Last Chance to Save!

Season Pass Sale Extended
until November 22

www.rabbithill.com

We're your surprisingly affordable home builder

Hopewell
HOPEWELLRESIDENTIAL.COM

16 SHOW HOMES

Find Us
IN 7 EDMONTON COMMUNITIES

BEST PRICES ON OUR BEST HOMES

INTERVIEW

English foodie celebrates the balanced life in new cookbook

Theresa Albert
For Metro Canada



For iconic beauty Nigella Lawson, her life, like her latest book, *Simply Nigella — Feel Good Food*, is about balance. “But that’s not a very grabbing message, is it?” she says.

Oh yes it is, when it comes in such a pretty package. She wanted these pages of cookery to contain “a lot of light, be serene and yet cozy.”

Lawson is quite a messy person who likes the clutter of things in the kitchen and in life as they come together. She doesn’t fuss with being tidy, generally.

But in the book, the TV chef conveys order and balance — take for instance the *Strapatsada*, which is a whole new comfort food supper take on scrambled eggs.

Lawson says this is the sort of supper you need when you get home and the fridge is bare. Breaking her “no tomatoes with eggs” rule, it is essentially a perfect one pan blend of fresh tomatoes, tomato paste and eggs meant to be spread on crusty bread. Feels like the kind of thing one would eat in bed with a remote control in the other hand.

Like most of her work, *Simply Nigella* also conveys a very personal glimpse into her kitchen. She uses the first-person voice and commentary right in the recipe instructions (an editorial no-no). In the *Strapatsada* recipe she calls herself “a lazy English person” who can’t be bothered peeling tomatoes.

She eschews the idea that her words and on-camera presence is ladled with double entendre. She isn’t sensual for the camera in her word choice or actions — “it’s just me!” she insists, pep-



Nigella Lawson feels good

Nigella Lawson's new cookbook *Feel Good Food* focuses on the simplicity of comfort foods. TORSTAR NEWS SERVICE

pering her conversation with food descriptive like “relish the moment” in her dulcet voice.

Her whole life attitude is very of-the-moment and her health message is inclusive to the extreme. In the book, she does focus on whole foods but avoids nothing. Meat and bread, butter and cream are all invited to the cooking party.

“I find it is those who deny themselves a bit of dessert who end up eating more,” she says. Why not consume something delicious and enjoy the pleasure? “Life is just too short to do all that planning and resisting”.

“I cook what I want and I consume what I like,” says Lawson. For instance, upon her arrival in Toronto she went out for dinner and fresh off the plane her body craved greens. The crisp, wet, crunch of a salad was satisfying and her entree was light, too. When the dessert menu came around, she considered it and would have had a luscious slice but she felt like more salad. So that’s what she had. She admits that on another day she will consume nothing but bread and cheese.

Balance takes a wide berth, not a narrow view.



Life is just too short to do all that planning and resisting. I cook what I want and consume what I like.

Nigella Lawson on leading a balanced life

As for her beauty regimes, she moves. Not exercises — moves. She finds joy in the regular motions of life — exerting effort to lift and carry and bend is a gift. It isn’t about butter and cream or beating yourself up at the gym, it is about both. She considers it a privilege to embrace yet another day of this life, hav-

ing lost too many too young since both her parents and her first husband passed on early. “Worrying about aging is just silly, there’s not much one can do about it, is there?”

It does beat the alternative, yes.

Her cooking style is thus: pick an ingredient, fall in love with it

and use it up until it is finished. Her recipe for Pea and Broccoli soup does just that (check out the recipe on the next page) by making sure that there are three other recipes to use up the broccoli.

To those who would follow in Lawson’s footsteps, she would say to write about food using your own voice.

Anyone can write a recipe. But to curate an idea and love pieces of food together into your own expression of consumable art invites people into your world. Luckily, she has invited us into hers yet again.

the naughty but nice show

NOVEMBER 19-22 • Expo Centre

SAVE \$5 Book online in advance! **TabooShow.com**

Featuring **NIKKI BENZ**

CANADA'S #1 **BODY HEAT** MALE REVIEW

SEX WITH **DR. JESS**

Taboo **DUNGEON**

Live Entertainment, Informative Seminars, Unique Products, Amazing Prizes, Body Painting and more!



DODGE
CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Wise customers read the fine print: * 1. Q The All Out Clearout Sales Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers on or after November 3, 2015. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,695) and excludes licence, insurance, registration, any dealer administration fees, other applicable charges and other applicable fees and taxes. Dealer trade may be necessary. Dealer may sell for less. *Consumer Cash Discounts are offered on select new 2015 vehicles and are deducted from the negotiated price before taxes. 10% purchase financing available on select new 2015 Ram 1500 and Ram Heavy Duty models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Dealer order/trade may be necessary. Example: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR) with a Purchase Price of \$29,398 with a \$0 down payment, financed at 0% for 72 months equals 156 bi-weekly payments of \$189 with a cost of borrowing of \$0 and a total obligation of \$29,398. Q \$10,000 in total discounts includes \$8,500 Consumer Cash and \$1,500 Loyalty/Conquest Bonus Cash. Consumer Cash Discounts are deducted from the negotiated price before taxes. \$1,500 Ram Truck Loyalty/Conquest/Skilled Trades Bonus Cash is available on the retail purchase/lease of 2015 Ram 1500 (excludes Regular Cab), 2014/2015 Ram 2500/3500, or 2014/2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before November 3, 2015. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed an Apprenticeship Certification. A copy of the Trade Licence/Certification required. 3. Customers who are Baeumer Approved service providers. Proof of membership is required. Limit one \$1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your dealer for complete details. **The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

ALL OUT CLEAROUT SALES EVENT



0% FINANCING FOR 72 MONTHS ON MOST 2015 RAM 1500 TRUCKS

GET UP TO \$10,000 IN TOTAL DISCOUNTS*

GET 0% FINANCING[†] FOR 72 MONTHS ON RAM HEAVY DUTY TRUCKS

PLUS



NO CHARGE
TURBO DIESEL
\$9,345 VALUE



GUTS • GLORY  **RAM**

RAMTRUCKOFFERS.CA



Satisfyingly straightforward



REVIEW

Ford Edge lacks personality, but big on most everything else

Mike Goetz

For Metro Canada



Ford Edge was one of the pioneers of crossover land.

The territory is now teeming with contenders, but Edge has always maintained a sizable following through the years, even with the last generation model, which first debuted way back in 2006 and was showing its age.

An all-new Edge debuted for 2015 and it shows Ford knows a thing or two about building and selling mainstream crossovers. The styling is current crossover generic with a Ford face and will not alienate anybody. And through an expanded four-trim lineup (SE, SEL, Titanium, Sport), a series of well-thought-out option packages, and three engines on the menu, the Edge can be tailored to fit the needs of a lot of buyers in the "family" space.

So Ford Edge is not a niche product. But this is a good thing for midsize crossover shoppers, as it is built to deliver what everyone expects and values today in this segment, without too much fanfare and extra expense.

Moving the Edge to the current Fusion platform has raised its driving dynamics to another level. AWD models also now get "Curve Control" that automatically adjusts power and braking to maintain the right pace and

line through a corner, should you go in there a little too hot.

All models also get "paddle shifters" on the steering wheel, and they are always "active" — you don't have to first shift the transmission lever into any kind of "manual drive" position.

The more sophisticated chassis is also quieter, and more comfortable over rough roads.

The big 3.5-litre V6 in our tester pumps out a lot of torque, for effortless motoring.

Ford Edge actually debuted the ill-fated first-generation MyTouch interface. This newer version works much better, and has just the right amount of hard buttons and knobs.

Our Titanium test vehicle had the 8-inch LCD screen with SYNC. That techy piece, along with the dashboard and centre console designed to look like one piece, looks impressively modern. Luxury vehicles seem to knit their interior bits together with a bit more detail and finesse, but otherwise there is a lot to enjoy in the Edge cabin.

With a slightly longer body and no third row to worry about, the Edge has a roomy rear seating area. And there is almost 200 litres of cargo space behind those rear seats. One of Edge's best features are the rear seat backs, which can be flipped forward by the cargo-area mounted switch.

It has a wide variety of up-to-date safety features, such as 18-degree front camera, adaptive cruise with brake support, blind spot warning, park assist, a lane keeping system that steers the vehicle back into line, and inflatable rear safety belts. Overall the new Edge feels very capable, comfortable and useful.

THE CHECKLIST | 2016 FORD EDGE

THE BASICS

Type. Midsize, 5-passenger, FWD/AWD crossover
Power. 245-hp 2.0-litre Turbo I4, 280-hp 3.5-litre V6, 315-hp 2.7-litre Turbo V6
Transmission. Six-speed automatic
Price. Base \$31,999 (plus destination)

NOTABLE FEATURES

- 180-degree front camera, which has its own washer cleaning system
- Advanced park assist for both perpendicular and parallel parking spaces
- Available heated and cooled front seats
- Cargo-area switch flips rear seats forward to form a virtually flat and voluminous cargo hauling space



MIKE GOETZ/FOR METRO

POINTS

- All-new generation model debuted in 2015, based on current Ford Fusion platform
- Made in Canada, and first Edge model to be exported to Europe
- Stiffer and better handling chassis, fortified Sport model, and standard paddle shifters on all models nudge Edge toward more intensive driving experiences

MARKET POSITION

- Slots in the Ford crossover roster between the smaller Escape and slightly larger Explorer
- Roomy and car-like crossover, for those who don't need extreme 4X4 capabilities, towing, or three rows of seating
- New range-topping Titanium model designed to meet increasing market demand for more premium feel and features in small and midsize crossovers

THE COMPETITION



Dodge Journey
Base price: \$21,495



Toyota Highlander
Base price: \$33,355



Nissan Murano
Base price: \$31,889

DENNY ANDREWS FORD PRE-OWNED SUPERCENTRE

WE WANT YOUR TRADE

2013 Ford Taurus Limited AWD

#15TA0061



\$26,887

2012 Nissan Altima SL Sedan

#15FS4811



\$16,887

2012 Toyota Rav4 AWD Auto

#15EP0241



\$18,887

2012 Ford F-150 FX4 4x4 Lifted

#15FS5571



\$31,889

Denny Andrews



182 ST. & STONY PLAIN ROAD 780-489-9999

www.dennyandrewsford.com

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

TOLL FREE:
1-800-252-9303

SERVICE DIRECT
930-3167



Vehicles may not be exactly as illustrated. Prices do not include GST. Prices in effect November 18, 2015 to November 22, 2015. See dealer for details.

The haul to environmental health

DRIVING FORCE

Concept vehicle offers lessons for manufacturers

Jil McIntosh
For Metro Canada



Car owners are always looking for better fuel efficiency, but they're not alone. It's also a major issue with tractor-trailers, since fuel is usually a trucking company's largest operating cost.

As part of a U.S. government project involving four truck manufacturers, Freightliner has developed its SuperTruck. This concept tractor-trailer has achieved real-world testing of 19.3 L/100 km when fully loaded, about half of what a conventional truck would use.

"Seventy per cent of the freight in the U.S. is hauled by trucks, so trucking is an important part of the economy, but it consumes about 20 per cent of all fuel for road vehicles," says

Derek Rotz, manager in advanced engineering for Daimler Trucks North America, which owns Freightliner. "If a truck uses less fuel, fleets can reduce their operating costs and it's good for the environment."

The SuperTruck concept is a combination of technologies, some of which are already in use in production trucks, including aerodynamic styling and low-rolling-resistance tires.

Others that may be used in the future include lightweight materials, electric air conditioning, and active grille shutters that improve airflow over the nose when full engine cooling isn't needed.

But while engineers tried as many things as possible, not all of them turned out to be viable. A technology has to cost less in the long run than the equivalent value of the fuel it will save, and also can't be so complicated that it's difficult to manufacture or install. The SuperTruck uses an exhaust-mounted turbine that runs off waste heat to produce electricity, but it's too heavy and complex for real-world use.

The truck also has a gasoline-electric hybrid system



This truck won't go into production, but much of its fuel-saving tech will. JIL MCINTOSH/FOR METRO

that ultimately didn't return the efficiency expected. Hybrid systems recharge their batteries with regenerative braking, which captures kinetic energy generated by the wheels when slowing down. Since these trucks primarily cruise at steady speed on the highway, there isn't much op-

portunity to recharge.

"There is limited stop and go, which means less energy recovered," Rotz says. "And it needs a lot of power to drive the vehicle, so you need a unique hybrid design for trucks and it's difficult to leverage passenger car technology. We went into the program in 2010 and (truck)

hybrids were in discussion at the time, but very little was known about them. Five years later, we know the potential but also the limitations of the system, and we feel hybrids are actually not the best solution for long-haul trucks."

The engineers also optimized more than 2,000 of the truck's

+ DETAILS

- The U.S. government's SuperTruck program goal was a **50 per cent freight efficiency improvement**, which includes fuel, distance travelled and weight carried, but Freightliner achieved a 115 per cent improvement.

- Concept vehicles like the SuperTruck allow engineers to test new technologies not just in laboratories, but in **real-world scenarios** including hauling loads.

- Freightliner has also introduced a **self-driving concept truck**, the Inspiration, currently being tested on Nevada's highways.

components, gaining a fraction of fuel economy with each that adds up over the entire vehicle. The truck's integrated aerodynamic trailer is also part of the project, and contributes about two-thirds of the SuperTruck's overall fuel savings.

Don't Get Caught With a Bad Apple!

A shiny paint job on a used vehicle can hide expensive bruises. Our 120-Point Certification process means your **DRIVING FORCE** purchase is 'healthy to the core.'



Edmonton West, 11025-184 Street
587-410-5820

Edmonton South, 9503-34 Avenue
587-410-5836

Locations coast-to-coast-to-coast
www.drivingforce.ca

**DRIVING
FORCE**

Vehicle Rentals | Sales | Leasing

SEMA SHOW

Small carmaker 3D-printing its way into the history books

Even at an event dedicated to customization and individual automotive style, a small company called Local Motors with just a single car on display managed to make a huge impression at this year's SEMA show.

At first glance, the LM3D Swim looks like a beach buggy. It's red, has no roof and there's even a surfboard mount. However, when you realize that it took less than four months to go from an idea to the finished product and that said product was made via Direct Digital Manufacturing (DDM) — a form of 3D printing — then things start to get very interesting.

"In the past few months our engineers have moved from only a rendering to the car you see in front of you today," Local Motors CEO Jay Rogers said. "We are using the power of DDM to create new vehicles at a pace unparalleled in the auto industry."

Local Motors first proved the potential power of 3D printing in January when it arrived at the North American International Auto Show in Detroit without anything to display but over the course of the event live-printed an electric vehicle, the Strati.



The Local Motors LM3D wowed at the Specialty Equipment Market Association show earlier this month. NEWSPRESS

The LM3D Swim design came from Kevin Lo, a member of Local Motors' community of developers, makers and innovators, and was chosen from 60-plus entries.

Despite the rapid pace with which the company and its creations have already moved, meeting federal safety rules takes time. One of the LM3D Swim's aims is to accelerate the process of creating a fully homologated series of cars that meet all relevant safety standards with a view to making the first customer deliveries by 2017.

As well as crash protection, the car will also protect the environment. It has fewer components — 50 versus the 30,000+ used in a typical vehicle — and an electric motor. Then there's the scope for customization. Potential owners can quite literally personalize their vehicles inside or out with little more than the click of a mouse.

The company hopes consumers will be able to start reserving and potentially customizing their printed cars in 2016, and the finished vehicle should retail for \$53,000. AFP

Estrada happy to return to the Blue Jays' nest

MLB

Two-year deal for stingiest pitcher after all-star break

The Toronto Blue Jays wanted him back, and Marco Estrada was happy to return. For the right-hander, it was a win-win situation.

The Jays agreed, signing him to a \$26-million US, two-year deal that made sense for both parties.

For the 32-year-old Estrada, who made \$3.9 million last season, it's a gigantic pay hike that should translate into life-time security for his family. For the Jays, needing to bolster their rotation for the likely loss of free agents David Price and Mark Buehrle, it's two more years of service from a dependable, quality arm.

Estrada is also low maintenance and a comfortable fit in the Toronto clubhouse.

"He exemplifies everything we're looking for in a Blue

Jay player," interim GM Tony LaCava told a Rogers Centre news conference Tuesday. "He earned this contract and we're happy to have this day for him."

The new contract was announced last Friday, but Estrada and LaCava met the media Tuesday to discuss the deal.

After being acquired from Milwaukee in a November 2014 trade for Adam Lind, Estrada started this season in the bullpen after rolling an ankle in spring training but soon pitched his way out of it.

Befuddling batters with a devastating change-up, Estrada

went 13-8 with a career-best 3.13 earned-run average and a career-high 28 starts.

Only Jake Arrieta (.185) of the Chicago Cubs and Zack Greinke (.187) and Clayton Kershaw (.194) of the Los Angeles Dodgers held batters to

a lower average this season than Estrada (.203). And Estrada led the majors in that category after the all-star break, restricting opposition hitters to a .183 batting average.

Kershaw is due to make \$34.6 million next season while Greinke will get \$26 million. Ar-

"They loved it out here. They had a really good time, felt safe and comfortable. That means the world to me."

Marco Estrada on his family's opinion of Toronto



Marco Estrada, left, and interim GM Tony LaCava speak at news conference on Tuesday in Toronto. CHRIS YOUNG/THE CANADIAN PRESS

rieta made \$3.63 million as an arbitration-eligible player in 2015, and isn't eligible for free agency until after the 2017 season.

Estrada had several options after the Jays made him a \$15.8-million qualifying offer. He could have opted for the one-year pot of gold, tested

free agency or made another deal to stay in Toronto.

He chose the last option, saying it was "smooth sailing" getting the deal done.

"I would have taken probably less for more years," he acknowledged. "But it's just the way things worked out. Two years is plenty ... I feel like it's

an extremely fair offer."

"Could I have got more years on the open market? Maybe. But I wanted to come back here."

Estrada said one big reason was that most of his teammates are also coming back. "And I feel it's a pretty strong team to begin with." THE CANADIAN PRESS

Price soon to learn if he's won Cy Young Award



David Price finished the 2015 season with an American League-best 2.45 ERA. JAMIE SQUIRE/GETTY IMAGES

David Price may join a select list of Blue Jays on Wednesday when the American League Cy Young Award winner is announced.

But even if Price is right for the award, the free-agent pitcher may be an asterisk on the Jays' list of winners — Roy Halladay (2003), Roger Clemens (1997, 98) and Pat Hentgen (1996) — given his Toronto days could well be over.

Price (18-5), who joined Toronto on July 30 in a deal with Detroit just ahead of the trade deadline, is up against Dallas Keuchel (20-8) of Houston Astros for the AL award.

Price won the award in 2012

+ SIGNING

Utilityman Cliff Pennington has signed a two-year, \$3.75-million deal with the Los Angeles Angels. Pennington began last season with Arizona and moved to Toronto in an August trade.

with Tampa Bay.

Interim Jays GM Tony LaCava was cagey when asked about Price. "Without being specific to any one guy, we're engaged with a number of free agents and we're talking to a lot of teams

as well," he said.

Price is expected to land a contract in excess of \$200 million US.

Price went 9-1 with a 2.30 earned-run average in 11 starts with the Jays. He ranked first in the American League in earned-run average (2.45), third in innings pitched (220.1) tied for third in quality starts (24) and was fourth in strikeouts (225).

The National League Cy Young winner will also be announced Wednesday with Jake Arrieta (22-6) of the Cubs and Zack Greinke (19-3) and Clayton Kershaw (16-7) of the Los Angeles Dodgers vying for the award. THE CANADIAN PRESS

IN BRIEF

Blue Jackets sting Blues for third straight win

Brandon Saad scored twice to help the Columbus Blue Jackets beat the St. Louis Blues 3-1 on Tuesday night for their first three-game winning streak of the season.

Cody Goloubef also scored for Columbus, which has won five of its last seven games. Sergei Bobrovsky continues to recover from his poor start, making 19 saves for a 5-1-0 record in his past six games. THE ASSOCIATED PRESS

Malkin posts four points to push Pens past Wild

Evgeni Malkin scored two goals and picked up two assists for his first four-point game in two seasons to lead the Pittsburgh Penguins to a 4-3 win over the Minnesota Wild on Tuesday night.

David Perron and Beau Bennett also scored for Pittsburgh, which rode Malkin's inspired play to win for just the second time in five games. THE ASSOCIATED PRESS

Dallas first NHL team to 15 wins this season

Valeri Nichushkin scored 51 seconds into the game and Antti Niemi stopped 24 shots to help the Dallas Stars beat the Buffalo Sabres 3-1 Tuesday night in Buffalo.

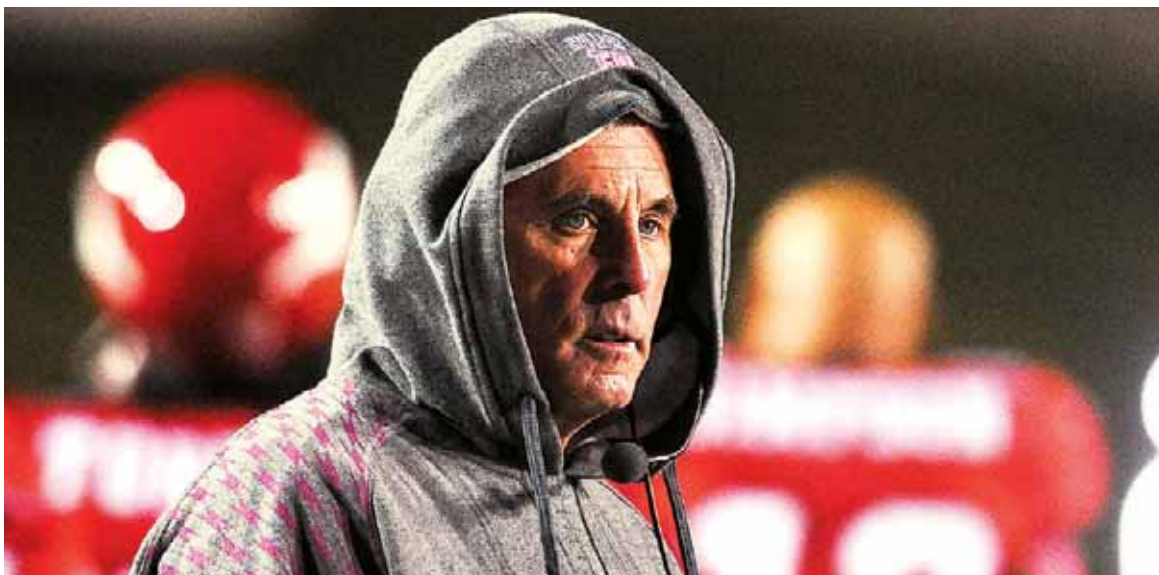
Alex Goligoski and Tyler Seguin also scored, and Dallas won a late coach's challenge on the way to becoming the first NHL team to 15 wins this season. The Stars' 30 points are tied with Montreal and the New York Rangers for tops in the league. THE ASSOCIATED PRESS

Banister, Maddon named managers of the year

Jeff Banister was selected the AL Manager of the Year Tuesday after leading the Texas Rangers to a division title in his first season on the job.

Texas won 88 games this season — 21 wins better than last year — in taking the AL West.

Later, Joe Maddon won the National League honour. He led the Chicago Cubs to the playoffs with a regular-season record of 97-65. THE ASSOCIATED PRESS



Injuries to Shane Bergman and Pierre Lavertu on the O-line have given John Hufnagel a selection headache. DEREK LEUNG/GETTY IMAGES

Hufnagel faces O-line issue for Eskimos test

CFL

Two offensive injuries means coach needs to shuffle roster

It will be an interesting few days for the Calgary Stampeders' offensive line.

Injuries to a pair of Canadians means coming up with a contingency plan in case they can't play in the CFL's West Division final Sunday in Edmonton against the Eskimos.

After a couple of days off from practice, the Stampeders get back on the field Wednesday.

"It will be busy," Stampeders head coach and general manager John Hufnagel said Tuesday. "There will be a lot of shuffling, but we will have to make a decision on Day 3 so they can get a full practice under their belts in positions we hope they'll start

the game with and hopefully finish."

Sunday's winner books a berth in this year's Grey Cup on Nov. 29 in Winnipeg.

Centre Pierre Lavertu has a hamstring strain and won't practise before Friday, Hufnagel said. Left guard Shane Bergman was to undergo a scan later Tuesday to determine the extent of his upper-body injury.

Hufnagel was already planning for the addition of an international player to the offensive line. Californian John Estes, signed as a free agent in July, started three games at left guard for the Stampeders this season, but also played centre at

the University of Hawaii.

Spencer Wilson shifted from right guard to the middle when Lavertu limped to the sideline in the first quarter of Sunday's 35-9 division semifinal win over B.C.

The versatile lineman from Toronto has played every position on the Stampeders' offensive line during his career, including centre. Wilson put one snap over quarterback Bo Levi Mitchell's head in the fourth quarter, but Calgary had the game well in hand by then.

"He had the one really bad snap and had some low snaps, but Spencer does practise the position," Hufnagel said. "It's not like it was foreign to him.

He graded out well."

Toronto defensive lineman Quinn Smith has flipped back and forth all season as Calgary's emergency call-up when an offensive lineman went down.

"He's very aware of the playbook, the calls," Hufnagel said. "He's been a very handy person to have on your roster this year." The Eskimos haven't played a game since Nov. 1 as they finished the regular season with a bye week followed by another for finishing first in the division.

Edmonton will be the healthier and more rested team. Their coaches have had ample time to prepare for either the Lions or Stampeders. Hufnagel didn't believe the long break will be a disadvantage for the Eskimos on Sunday.

"I don't believe so. I wish I had that problem to handle this year," Hufnagel said. "I'm sure they had a plan. They'll be fully prepared and they will be ready to go." THE CANADIAN PRESS

There will be a lot of shuffling, but we will have to make a decision on Day 3 so they can get a full practice in positions we hope they'll start the game with and hopefully finish. John Hufnagel

NFL

Manziel given leash as Browns' starter

There was no formal presentation or fanfare, no torch-passing ceremony.

Browns coach Mike Pettine simply pulled Johnny Manziel aside and told him he would be Cleveland's starting quarterback for the remainder of this season.

No longer just a celebrated bad-boy backup, Manziel joined an elite class. The trick will be staying there. Manziel's budding pro career, dotted mostly by missteps on and off the field to this

point — the NFL said Tuesday he will not be disciplined for a domestic case — seems

to be finally headed in the right direction for him. Now, the Browns will find out if he can be their franchise QB.

Fresh off a strong start at Pittsburgh on Sunday, Manziel moved ahead of

veteran Josh McCown on the depth chart, a switch that will either usher in a new era for the Browns or send them scrambling again to fill a troublesome position. "I wanted the chance to be the guy and that was always

my goal," said Manziel, who was watching film before Pettine told him the



ATP FINALS

Federer puts stop to Djokovic streak

Even the best player in the world can have an off day, especially when he's playing someone many believe is the best of all time. Roger Federer brought his top game to the O2 Arena on Tuesday, stopping Novak Djokovic's ATP Finals winning streak at 15 by beating the top-seeded Serb 7-5, 6-2.

"I wouldn't have picked it maybe before the tournament, just because of his really good record on the indoors, the year he's had," said Federer, who lost to Djokovic in the Wimbledon and U.S. Open final. "But then again, all day I felt good about

my chances."

The win put Federer in the semifinals of the season-ending tournament for the 13th time in 14 appearances. Djokovic, who has already clinched the year-end No. 1 ranking, had not lost at the ATP Finals since 2011.

On Sunday, Federer beat Tomas Berdych, giving him a 2-0 record this week. He will still play Kei Nishikori on Thursday in the final round-robin match. Djokovic beat Nishikori in his first match, and will face Berdych on Thursday for a spot in the semifinals.

THE ASSOCIATED PRESS

Service Directory

To advertise call 780-702-0592

MORTGAGE

DOMINION LENDING CENTRES
Mortgage Force

CONTACT US TODAY FOR ALL YOUR MORTGAGE NEEDS

***100% FINANCING AVAILABLE**
*Some conditions apply.

Ph: 780-485-8700
Toll Free: 1-844-466-9898
www.mortgageapplyonline.ca

Independently Owned and Operated

EMPLOYMENT

INFINIQUE & NATURAL BEAUTY LTD

HIRE MANAGER RETAIL STORE CHAIN
F/Time, Permanent • Salary - \$ 25.50 hourly

Experience 2-3 years, good English.
Education: High school

Main duties:
Plan, direct and evaluate the operations of retail sales
Logistics: Order and receiving goods
Responsible for customer refunds and exchanges
Resolve customer complaints
Manage staff and assign duties
Hire or oversee hiring of staff

179 Callingwood Pl Edmonton, AB T5T 2C6
Please apply by E-mail: infiniquegroup@gmail.com

EMPLOYMENT

LIVE-IN-CAREGIVER- SENIORS,
West Edmonton Area T5R4W9.
Permanent- Full time.

Seeking an individual to join our household. Will be required to provide personal care, assist seniors with personal hygiene and with feeding, assume full responsibility for household.

Must have HS diploma,
<1 year experience. \$11.20.
E-mail-mikelvari@gmail.com

RECIPE Kale Mac and Cheese



PHOTO: MAMA USNET

Ceri Marsh & Laura Keogh For Metro Canada



Your favourite childhood meal just got a makeover. Don't worry, we promise it's still as delicious as ever.

Ready in

Prep time: 50 minutes

Serves 6

Ingredients

- 2 Tbsp unsalted butter
- 2 Tbsp spelt flour
- 4 cups spelt elbow macaroni
- 1/4 cup low sodium chicken stock
- 1 1/2 cups milk
- 1 cup shaved cheddar cheese
- 1 1/2 cups shaved Monterey Jack cheese, divided
- 1 tsp Dijon mustard
- 1 cup frozen chopped kale
- 1/4 tsp nutmeg
- 1/4 tsp salt
- 1/2 cup of bread crumbs

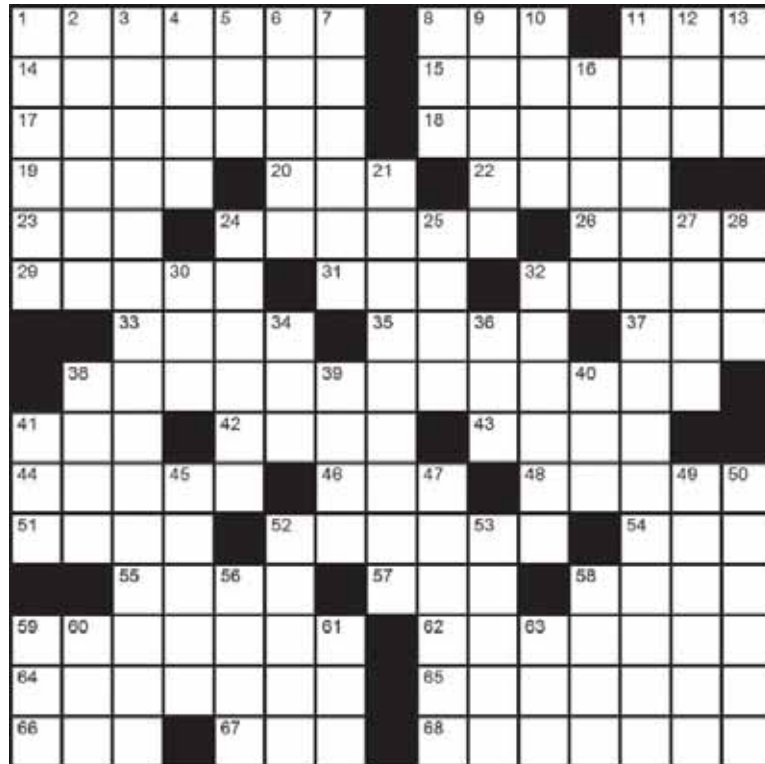
Directions

1. Preheat oven to 350 F.
2. In a medium size saucepan, melt butter over medium low heat. Add flour and whisk.
3. Cook pasta according to package directions.
4. Add chicken stock and milk and allow to simmer for 5 minutes so mixture can slowly thicken, stirring occasionally. Lower heat and add mustard, cheddar and 1 cup Monterey Jack cheese. Mix until cheeses have melted and mustard is combined. Add kale, nutmeg and salt; stir until warmed and mixed together, about 2 minutes.
5. Place cooked pasta into medium size casserole dish and mix in cheese sauce, being sure to coat all the pasta. Sprinkle the top with the remaining Monterey Jack cheese and then top with bread crumbs. Bake for 30 minutes, or until cheese sauce is bubbling and edges are a golden brown.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Look beyond:
2. wds.
8. "Take on Me" band
11. Beach building
14. Revolutionary leader Che Guevara's real first name
15. North Carolina's capital city
17. Diamond patterns on classic socks and sweaters
18. Slice, in Sherbrooke
19. Mr. Schiffrin (Composer of the "Mission: Impossible" theme music)
20. Clairvoyance, e.g.
22. Peril
23. "Take _ _ insist."
24. Like the vision of a not-wearing-their-glasses person
26. Shield's centre knob
29. Like a twangy voice
31. Member of Parliament, e.g.
32. Found out
33. House, in Hamburg
35. Radar's grape drink on "M*A*S*H"
37. Rob Roy's refusal
38. Margaret Atwood's latest book, The _ _ _
41. Courteney of "Friends"
42. Actor, Corbin _
43. 'N' of CSNY
44. Wishes
46. Medical pros
48. Lasso

51. In an overly casual manner
52. Island of Italy
54. Job seeker's submission, for short
55. Spoken
57. Aussie animal
58. Pres. Lincoln's
59. Dried fruit, often

62. Upgrade
64. Forestall
65. "20,000 _ Under the Sea" (1954)
66. CN Tower's city, tiny-ly
67. Tube-shaped fish
68. Concert extras

DOWN

1. Keep that freshness by securely closing the food container: 2 wds.
2. Printers' mistakes
3. Canadian History... Sir Martin Frobisher or Sir John Franklin, for

- example: 2 wds.
4. The Smurfs creator
5. Non-verbal communication syst.
6. Forged material
7. Even chance
8. _ gallery
9. Title romantic

- comedy role for Billy Crystal
10. Jai's friend
11. Village on Random Island in Newfoundland: 2 wds.
12. "Ewww."
13. Definite article
16. Happen as a result
21. Articulate
24. Short write-ups
25. "Full Metal Jacket" (1987) actor, _ _ Erney
27. Army _ (Military kid)
28. Lyric poem
30. US motorists org.
32. "Million Dollar Baby" (2004) star Ms. Swank
34. MLB's Cardinals, on scoreboards
36. QVC rival on American TV
38. Winter coat part
39. Ms. Halliwell (Ex-Spice Girl)
40. " _ _ was saying..."
41. Vitality
45. High nest, variantly
47. Figure of speech
49. Plasmas and LCDs, fun-style spelling
50. Evaluate
52. Alpine sight
53. Measure of light
56. Wile E. Coyote's supplier
58. Jason's craft
59. Fitting
60. For
61. Final amt.
63. B.C.'s ocean

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't look back and wonder what might have been — look forward and create a bright new future. Any regrets you still have must be dealt with, then forgotten once and for all.

Taurus April 21 - May 21
You seem to be plagued by self-doubt. Why? Snap out of it because there is serious work to be done. You are more sensitive than usual but don't let that paralyze you.

Gemini May 22 - June 21
The more others say bad things about you the more certain you can be that your actions are having the desired effect. You must not back down. Let others know that you will not be cowed into silence.

Cancer June 22 - July 23
You may be in the mood to change things but don't make changes that are not necessary. Focus on your home situation before turning your attention to anything else.

Leo July 24 - Aug. 23
Stick to the rules today because if you try to cut corners the powers that be will come down on you hard. Not everyone shares your cavalier approach to getting things done.

Virgo Aug. 24 - Sept. 23
Do not allow yourself to be seduced by people who have a way with words — it will inevitably lead to some kind of loss, most likely financial. You don't need advice. Deep down you already know the answers.

Libra Sept. 24 - Oct. 23
Don't be distracted by things that take you away from the path you should be on. There will be time for fun and games later on, when the serious stuff has been done.

Scorpio Oct. 24 - Nov. 22
It may be in your power to take what you desire but it is not in your long-term interests. If there is something you want but cannot attain through fair means, it may be a sign that you are not supposed to have it.

Sagittarius Nov. 23 - Dec. 21
Don't get so caught up in other people's woes that you start feeling depressed. Steer clear of negative people and focus on the good — plenty of which is coming your way.

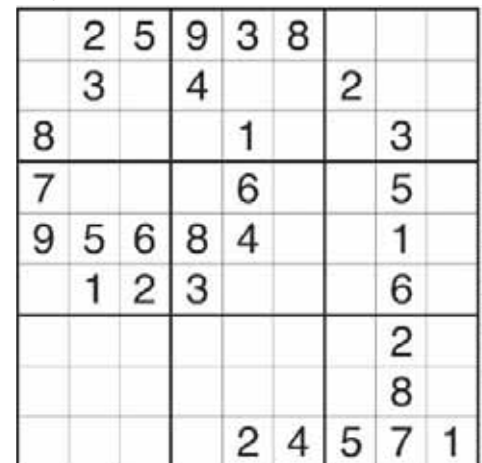
Capricorn Dec. 22 - Jan. 20
It would be wise to keep certain thoughts and opinions to yourself. If you cannot say something that everyone can agree with it might be best not to say anything at all.

Aquarius Jan. 21 - Feb. 19
Some people are stuck in their own way of seeing things and logic and common sense seem alien to them, but that's life. Make allowances for those who do not share your ability to see both sides of the story.

Pisces Feb. 20 - March 20
If you're having second thoughts about something then stop. See which way fate points you next week. The Sun's change of signs could lead to changes in your goals.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles, Inc. All rights reserved. King Features Syndicate, Inc.

Adventure! Teach English Overseas

- > TESOL Certified in 5 Days
- > In-Class or Online
- > No Degree Required!

1.888.270.2941
Job Guaranteed!

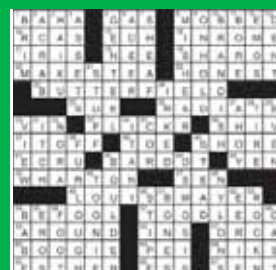
Next in-class course: December 4-6, 11-13, 2015
Next Seminar: December 15th, 2015 @ 7pm
Roots on Whyte building - Whyte Ave (8135 102 Street)
www.globaltesol.com

GLOBAL TESOL COLLEGE
Lead English Teachers

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers.

for more fun and games go to
metronews.ca/games



metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.
metronews.ca/panel



WINTER IS COMING

GET A
2 WAY
REMOTE
STARTER OR
WINTER TIRES
WITH EVERY
NEW CAMRY!

BE READY WITH WHEATON TOYOTA ON THE TRAIL



WAS
\$26,040

STK#F077657

2015 CAMRY LE **\$23,888** • \$149
BI_WEEKLY



WAS
\$28,640

STK#F962995

2015 CAMRY XSE **\$25,888** • \$162
BI_WEEKLY



2016 FORD FUSION
SE AWD

\$27,888

#P2402

• \$180
BI_WEEKLY



2015 FORD EXPLORER
AWD SPORT

\$46,688

#P2363

• \$299
BI_WEEKLY



2013 ACURA RDX
AWD

\$33,788

#P2389

• \$254
BI_WEEKLY



2012 TOYOTA TACOMA
V6 4X4 CREW

\$28,988

#P2382

• \$209
BI_WEEKLY



2008 TOYOTA
HIGHLANDER SPORT

\$19,788

#G284556A

• \$233
BI_WEEKLY



2013 TOYOTA TUNDRA
5.7L CREW MAX

\$39,988

#P2375

• \$288
BI_WEEKLY

WHEATON
TOYOTA
ON THE TRAIL



5210 Calgary Trail Edmonton Ab.
780-809-4685
www.toyotaonthetrail.ca

NEW VEHICLE PAYMENTS BASED ON 96 MONTH TERM @4.49% APR OAC. PAYMENTS INCLUDE ALL APPLICABLE TAXES AND FEES. EXAMPLE 2015 CAMRY \$149 B/W X 96 MONTHS AT 4.49% APR COB \$5001. VEHICLES MAY NOT BE EXACTLY AS SHOWN, SEE DEALER FOR DETAILS. OFFER ENDS NOVEMBER 30TH, 2015.



**We're not
your average
car dealership.**

**REASON
#1 TO
SHOP
GO AUTO
OUTLET:**

**We're home
of the 5K
and under.**



2002
FORD FOCUS SE
STK# 2W168324

OUTLET PRICE **\$4,965**



2007
PONTIAC WAVE
STK# Q7B173287

OUTLET PRICE **\$5,721**



2003
HONDA ELEMENT
STK# 3L800218

OUTLET PRICE **\$5,789**



2008
TOYOTA YARIS
STK# 812311052

OUTLET PRICE **\$5,820**



2007
PONTIAC G6 SE
STK# 74156700

OUTLET PRICE **\$5,821**



2003
FORD FOCUS SE
STK# 3W522773

OUTLET PRICE **\$5,877**

GOAUTOOUTLET.CA

TEXT: 780-246-2866 CALL: 1-855-424-6106 VISIT: 17860-102 AVENUE



Vehicles may not be exactly as shown. Prices include all fees and taxes, except GST. Some conditions apply. See dealer for details.